



We shouldn't expect smooth sailing all time: Jaishankar on India's ties with neighbours

NEW DELHI: External Affairs Minister S Jaishankar has said that India "should not expect smooth sailing" all the time when it comes to its ties with the neighbouring countries. However, he asserted that New Delhi has tried to create a "collective interest" to build an inherent stability in relationships, irrespective of the regime. At the end of the day, "the logic every one of our neighbours must realise" is that working with India will "give you benefits", and not working with India "has a cost", he said, without elaborating. "Some take longer to realise, some understand it better. One exception of course is Pakistan, because it has defined its identity under the army, in a way it has an in-built hostility in it. So if you put Pakistan aside, the logic will apply everywhere else," the EAM said during an interactive session hosted on DD India. Jaishankar shared a link to the nearly hour-long interaction on his X handle on Saturday night. In conversation with @sreeramchaulia on 11 years of Foreign Policy in the Modi era. June 21, 2025 In conversation with a strategic expert, he was also asked about the changes in stance of the US and China in the last 11 years, and how New Delhi looked at this change. "Where the US is concerned, yes, there is unpredictability, therefore at a systemic level, "With China, if you have to stand up to that country and we have had some very difficult period, so it's important to prepare the



capabilities," he said. The ties between the two countries nose-dived significantly following the fierce clash in the Galwan Valley in June 2020 that marked the most serious military conflict between the two sides in decades. The minister said one of the "really perplexing" aspects of India's China policy was the "complete neglect of our border infrastructure in the previous decades". "To have a China policy and neglect your border infrastructure was absurd," he argued. "And, that is one of the things which has changed. We have today that standing up, in defence of our national interests, along the LAC. It is because we have built the border infrastructure to make that possible," Jaishankar said. During the conversation, he spoke at length about deepening of ties with countries in India's neighbourhood, and increase in reach out

to the Gulf nations, in the last 11 years under Prime Minister Narendra Modi, as also deepening of ties with the ASEAN and Indo-Pacific regions. He (Modi) has "given us a goal" but also in many ways charted a path to get there, the EAM said. Jaishankar also mentioned the ongoing Operation Sindhu launched by India to evacuate its nationals from conflict-hit areas as military confrontation between Israel and Iran intensified. Recalling Operation Ganga, he said it was the "most complex one" because evacuation was taking place during war-time in Ukraine. On volatility in India's neighbourhood and regime changes that have been ostensibly not favourable to India's interests, he said, "there will be changes". "We have tried to create a culture, a system and a collective interest, so that even if there is instability, the collective interest

is stronger than those who are advocating distancing," Jaishankar said. He cited instances of Sri Lanka and how despite a change in regime, bilateral ties are good. Jaishankar also said that even after the initial period of difficulties, ties with Maldives are better. "Nepal... We are often in their internal politics, very often we get dragged in. We should not expect smooth sailing all the time, that never happens for any country with its neighbours," he said. "But, you should also not throw up your hands when things get difficult. That's poor planning," he said. Jaishankar also emphasised that New Delhi is doing the "sensible thing", which is to create systems, "create common interests, and create an inherent stability in that relationship, whichever is the regime". On counter-terrorism, and India's outlook towards Pakistan, he said the Mumbai attack was in many ways a "turning point", and the sentiment in this country was, now "enough is enough, things have to change". The 26/11 Mumbai attack, probably one of the worst terrorist assaults on any city, was let "unpunished", the EAM said, adding that "we had decades of a policy and outlook towards Pakistan". But, the Modi government changed that approach, the EAM said, and cited the 2016 Uri surgical strike, 2019 Balakot air strike and the recent Operation Sindoor. "What we have done is to really create a new normal, that the initiative will

not always be with you, and that you can do horrible things and think there is impunity because you are on that side," he said. Jaishankar also said that counter-terrorism actions and abrogation of Article 370 in Jammu and Kashmir should not be seen as single ideas, but part of a "holistic thinking". During the conversation, the Union minister described Modi as a "leader of his times". There has been an evolution of public sentiments, the country has changed, and the "PM reflects that change in mood, self-confidence", he said. On changing stances of the US and China over the past decade, he said that "what you are talking about are trendlines, which didn't happen one fine day, they developed over many years". He said what India has systematically tried to do is to "deepen our posture, our strategic posture, to have good relations with all major countries, but also other regions, so that we get into the optimal position". "We have been planning for a multi-polar world, one of course we desire, because that gives us higher profile and more influence," Jaishankar said. In the last 11 years of foreign policy, the consistent theme underpinning it is "multipolarity", he asserted. "You need to have that clarity, you need to envision the world today... Multiple poles are competing but cooperating with each other. But, here, we tried to have in a way the least problems and most benefits," he added.

Nara Lokesh lauds govt. officials and TDP leaders for success of Yogandhra event

Andhra Pradesh Education Minister Nara Lokesh said that Andhra Pradesh has broken world records by holding yogandhra event and created a new history. The Guinness World Records praised the fact that 3,00,105 people participated in the International Yoga Day organised in Visakhapatnam and created a record. The organisation made a post to this effect. The minister responded to this and said that a new record has been achieved as a platform for Brand Visakhapatnam. Lokesh thanked the TDP leaders and ranks who participated in this success. The minister thanked the gov-



ernment officials who successfully organised the ceremony and everyone who cooperated.

Tirumala sees huge crowds amid weekend, to take 24 hours for darshans

Tirumala has experienced a surge in devotees seeking darshan of Srivari, especially following the summer vacation period. The influx has intensified over the weekends, with Sundays drawing particularly large crowds. With schools recently reopening, many families are eager to visit, resulting in heavy attendance at the sacred site. As of today, June 22, Sunday, the scene at Tirumala is bustling, with queues of devotees extending all the way to the Shila Toranam. In the early hours of the day, all compartments within the Vaikuntam Queue Complex were fully occupied by those waiting to pay homage. TTD officials have reported that the wait time for darshan is currently over 24 hours, as the volume of visitors continues to increase. On Saturday, the number of attendees reached a record high, underscoring the ongoing popularity of the pilgrimage during this time. TTD officials are closely monitoring the situation as they manage the large gathering of devotees.

INS Nilgiri joins ENC, makes city of destiny her home port

Visakhapatnam: INS Nilgiri, first of the indigenously built Project 17A stealth frigates, arrived in Visakhapatnam. She joins the Eastern Naval Command (ENC) and would be an integral part of the Eastern Sword-Sunrise Fleet. Built in Mumbai, INS Nilgiri now makes the city of destiny her home port. This state of the art warship is driven by her motto 'Adrish Yabalam, Ajeya Shauryam'. The ship was welcomed to Visakhapatnam in a traditional manner. The silhouettes of INS Nilgiri, and other ships of her class that would soon follow, are going to be a common sight on the eastern seaboard, enhancing the might of the Indian Navy.

PM Modi speaks with Iranian President, reiterates call for de-escalation

Prime Minister Narendra Modi spoke to Iranian President Masoud Pezeshkian on Sunday and reiterated call for immediate de-escalation and diplomatic measures to restore regional peace in the Middle-East. "Spoke with President of Iran @drpezeshkian. We discussed in detail about the current situation. Expressed deep concern at the recent escalations. Reiterated our call for immediate de-escalation, dialogue and diplomacy as the way forward and for early restoration of regional peace, security and stability," said PM Modi in a message on X. PM Modi's call for restoring dialogue and diplomacy came on a day when the United States bombed three nuclear facilities of Iran, triggering wave of reactions from global powers. Iran strongly condemned the United States' strikes on its nuclear facilities, calling it a "brutal military aggression" and gross violation of international law and the UN Charter. In the aftermath of coordinated US airstrikes on three nuclear sites, Fordow, Natanz, and Isfahan, Iran also urged the United Nations and the International Atomic Energy Agency (IAEA) to take immediate action. In its official statement, Iran's Ministry of Foreign Affairs declared, "The Ministry of Foreign Affairs of the Islamic Republic of Iran condemns in the strongest terms the brutal US military aggression against Iran's peaceful nuclear facilities, which was committed in flagrant and unprecedented violation of the most fundamental principles of the United Nations Charter and the rules of international law, and holds the warmongering and law-breaking US



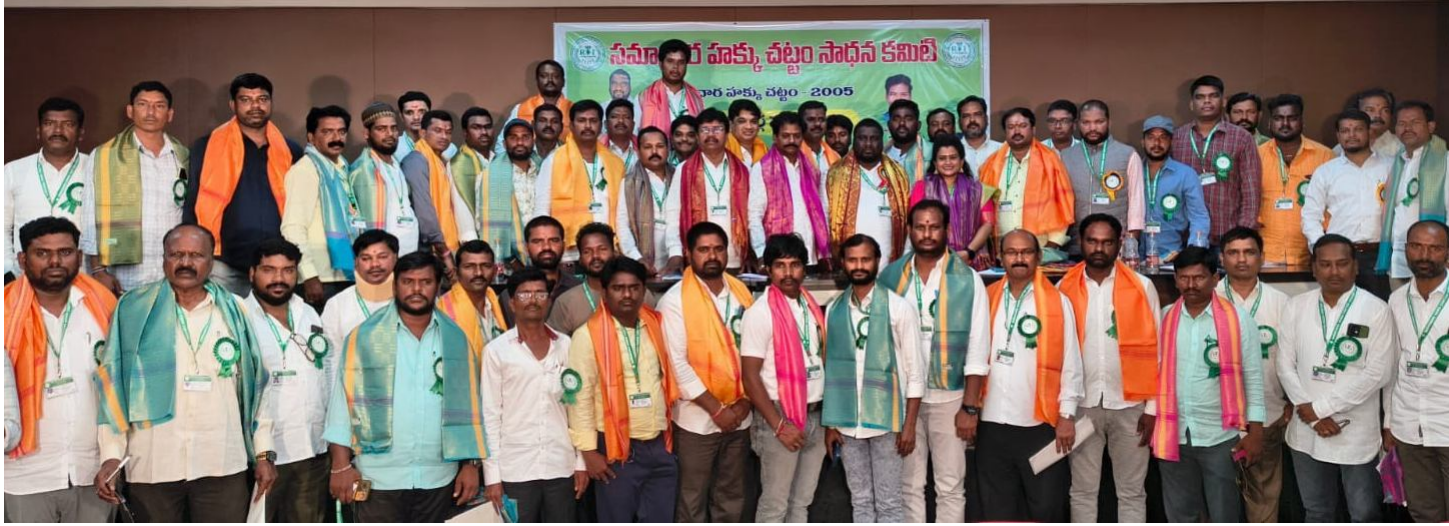
government responsible for the extremely dangerous effects and consequences of this great crime."Earlier, the Israeli Defense Forces (IDF) announced that the Israeli Air Force (IAF) began a series of strikes targeting military sites in western Iran following a missile attack conducted by Iran earlier that day. "The IAF has begun a series of strikes towards military targets in western Iran," the IDF posted on X. "Additionally, this morning, the IAF struck missile launchers ready to launch toward Israeli territory, soldiers in the Iranian Armed Forces, and swiftly neutralised the launchers that launched missiles toward Israeli territory a short while ago," it added. Iran launched more than 30 ballistic missiles at Israel on Sunday, the IDF had said earlier in the day. Israeli authorities claimed their offensive against Iran was a pre-emptive measure to stop Tehran from acquiring nuclear weapons - an ambition Iran has consistently denied.

There should be transparency on the RTI

Dr.Chanti Mudiraj
Founding National
Presidents of
Information Act
Practice
Committee

Hyderabad, June: 22, Metroudayam

Dr.Chanti Mudiraj, Founder National President of the Information Act Practice Committee, said that the government should be transparent on the implementation of the Right to Information Act. The state executive meeting was held on Sunday at Basheerbagh under the auspices of the Information Act Practice Committee in



Hyderabad. The event was attended by members of the RTI Practice Committee from 33 districts. Dr. Chanti Mudiraj, the founder of the Right to Information Act Practice Committee, was the chief guest at the event and expressed concern that the Right to Information Act was not fully implemented.

There is no cooperation from the authorities in government offices. There is a lack of accountability among the authorities. In 30 days of applying for information, the authorities have

the responsibility to provide the information.

Appeal to the Appellate Officer if it is not provided within the stipulated time. If there is no response here, the Chief Commissioner of the State Information Act should appeal. The Commission

responds and take action against the relevant authorities. Everyone should take advantage of the Right to Information Act. No branch and officer in the government system has the power to deny this right given by the Constitution.

State Executive Presidents Chintala Raghavendhar Mudiraj, State Convener Kifayat Ali, State Representative N. Dilip Rao, State Vice Presidents Gopinath Katekola, Secretary of State Chintala Krishna, State Secretaries Y. Karthik Reddy, B. Laxman, R. Laxman, V. Ganesh, V. Shravan Kumar, Ramakrishna, Ashok and members of the 33 District Right to Information Act Practice Committee and others participated.

Amazing artwork
Beyond the Brush
 Art Exhibition that started in Ravindra Bharati



Hyderabad, June: 22, Metroudayam

Dr. Mamidi Hari Krishna, the secretary of the Telangana Language Department of Culture, said that the brush is a wonderful artwork. Telangana State Language Culture Department, courtesy of Telangana Language Culture Department, under the aegis of the Telangana Language Culture Department, inaugurated the Picasso the School of Arts Beyond the Brush Art Exhibition-2025. Dr. Mamidi Hari Krishna, the director of Telangana Language Culture Department. Speaking on the occasion, he said that painting is a wonderful art. He explained that many art Exhibition under the aegis of Picasso the School of Arts has been shown in Ravindra Bharati. Picasso the School of Arts is happy to be trained by many students by exhibiting the painting. Picasso the School of Arts Founder and Director Byru Ramesh said the exhibition, which began on the 22nd of this month, will be shown till the 24th of this month. Fans of the artwork were flocking to a large scale and demanded that they be shown. At the event Former BC Commission Chairman, Social Philosopher, BS Ramulu, Rashtrapati Nilayam (Bolarum) Manager Dr. K. Rajni Priya, Humanitarian, Womens Rights Lawyer Dr. Sridevi Dumpa, Martyrs Memorial Creator MV Ramana Reddy, Prominent Telugu Writer Ayyapudi Srilakshmi and Assistant Professor Mahesh participated in the exhibition.

KITS Warangal Hosts STACKATHON and MERNATHON-25: A Tribute to Young Minds and Innovation



Hyderabad, metro udayam, June 22.... Kakatiya Institute of Technology and Science (KITS), Warangal, in proud association with SHRIPADHA GROUP, concluded its much-celebrated STACKATHON & MERNATHON-25 today — a day that resonated with youthful energy, innovation, and purpose. The final round witnessed passionate student developers showcasing their talent using the powerful MERN stack - MongoDB, ExpressJS, React, and NodeJS. These young innovators amazed judges from corporate companies, who remarked the level of clarity and commitment in these projects is rare to witness. Its refreshing and inspiring to see such potential in the next generation

Spearheaded under the able leadership of Principal Dr. K. Ashok Reddy and the ever-dedicated Training and Placement Team, the event stood as a reflection of KITS commitment to nurturing practical skills and real-world readiness among students. L. Y. Purandar garu and Mr. K. Kiran Kumar, whose tireless efforts have shaped the campus into a hub of opportunity and guidance, shared an emotional message: Our students are not just coders — they are creators, thinkers, and future builders. What they've shown today is not just technical knowledge, but a deep sense of responsibility towards solving real problems. This is the spirit we wish to ignite in every

student of KITS. Alongside Dr. Chandra Bhai and other faculty mentors, Mr. Kiran Kumar has played a pivotal role in ensuring that platforms like STACKATHON & MERNATHON are not just events, but turning points in students' journeys. The event culminated in a thrilling Rapid Fire Round, testing coding agility, problem-solving, and team coordination. The top three teams were recognized with cash prizes of ₹5,000, ₹3,000, and ₹2,000 respectively, applauding their passion and precision. Mr. Durga Naveen Kandregula, CEO of SHRIPADHA Group, delivered a powerful address encouraging students to keep practicing, keep building, and stay aligned with emerging trends in AI and Full Stack

Development. He reminded them that excellence is built step-by-step, and today's effort leads to tomorrow's breakthroughs — even at top product-based companies offering ₹15-20 LPA+ packages. MERNATHON-25 proved to be more than just a hackathon — it became a movement of collaboration, creativity, and courage. It stands as a proud testament to KITS Warangal's vision to empower students to lead the future with knowledge, skill, and heart. KITS Warangal and SHRIPADHA Group sincerely thank every faculty mentor, judge, volunteer, and student who made this event a celebration to remember.

Should set up a welfare board of activists

-on 28th round table meeting at Sundarayya Vignana Kendram

Hyderabad, June: 22, Metroudayam

Telangana Activists JAC treasurer Chandranna Prasad said that a round table meeting will be held at the Sundarayya Vignana Kendram under the auspices of Telangana activists JAC, demanding the formation of a welfare board of Telangana activists. He was speaking with JAC leaders at a press conference held at Basheerbagh Deshoddaraka Bhavan on Sunday. The activists should be identified and issued identity cards. Four room houses are also built along with 250 yards of home space. The honorary salary of Rs.30000/- should

paid. Some of the 1200 martyrs of Malidas have done the help of the past government, while the rest of the families have to give Rs 10 lakh in cash and government jobs. The families of the first-time activists should also be provided with financial and employment opportunities. The martyrs memory of the forest is to be set up on 100 acres. ESI facility and free bus passes to the families of activists and martyrs. The first priority should be given to the protesters in government schemes. 2 % reservation in education, employment and politics. Occupations and tasks that are financially and emotionally damaged in all kinds. So the government should provide financial assistance directly to them for a 50 per cent subsidy of Rs. one crore.



Cultural policy to provide employment and employment opportunities to the artists of the movement. The immortal activists have to build a monument in the respective districts. The meeting was attended by JAC leaders Godumala

Kumaraswamy, Kusuma Siddhareddi, Suru Prabhakar, Ovirala Sujji, Bartari Anjaneya Swamy, Mohan Bairagi, Vemula Yadagir, Gaddam Sadanandam and Sarga Mallaiah and others participated.

UDAYAM Poetry's



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The One We Choose

A friend is not born into our lives by chance of blood but by the deeper alchemy of spirit, laughter, and silence—the only relationship we dare to select with nothing to gain but everything to share.



In old age, a true friend is the witness. The one who remembers us not as what we've become, but as who we always were. They speak the forgotten chapters of our story as if reading from a Sacred text. Their hand, veined and warm, feels like continuity, like home. They hold the echo of our childhood name even when the world has stopped calling us by it.

In childhood, a friend is a partner in mischief, a co-architect of mud castles and treehouse dreams, the first hand we hold when the World feels too big. They teach us the joy of trust before we know its name, and in their giggles we first learn that joy becomes louder when echoed.

In youth, a friend is a mirror and a fire reflecting who we are, igniting who we could be. They stand beside us at the cliffs of decisions, sometimes jumping, sometimes pulling us back. They hand us tissues soaked in teenage heartbreak, or the helmet before we crash again. They challenge our illusions and teach us that growing up is not about leaving dreams behind, but carrying them sturdier.

In adulthood, a friend becomes a quiet sanctuary. No longer do we need the constant call their presence lingers in the unspoken. A friend helps us breathe when responsibilities claw at our chest, reminding us with a single sentence, that we are not alone in the furnace. They send laughter like bread across the distance, feed our weary Souls when all we offer is silence.

And if we are blessed with friends who walk beside us from mud pies to memory loss they are not friends anymore, they are Soul-stitched extensions of ourselves, timelines braided into flesh.

They are the guardians of our laughter, the archive of our transformations, the living proof that we have loved and been loved across decades.

A friend is not a single person they are a season, a weather, a Sky that changes with us yet never disappears.

They are the anchor and the wind, the roots and the wings. And in the final breath, when all else fades the warmth of their presence, like an old shawl wrapped around memory, is what keeps the Soul from trembling.

Smt. Latha Murthy

Friends honored Ajay Maruthi Rao in Hatnora Mandal

Metro morning Sangareddy District Hathnura Zone
Date June 22

During a series of honorary doctorates and awards respectively in recognition of talent. Ajay Maruthi Rao was honored by his friends Mohd Afzal Senior Journalist Mohammed Wajidullah attended the event.



UDAYAM Poetry's



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FATE!

Very simple word!
Plays with Life!
Some may not agree!
But it is fact one!

Days are not in favour!
Everywhere defeat!
Difficult to estimate!
Common expression we hear from majority!

Agree or not there is something that controls life pattern!
May it be gods will, or writing on fate!

If not real why some poor, others rich?
Some sick remaining healthy?
Some literate others illiterate?
There is some unknown mystery!

That is the Fate of individual!
Differs from person to

person!
Begin with birth time follows till end of life journey!

But an intelligent never curses fate!
Discharges duty, ready to receive the result may it negative or positive!
To such one may not today, one day success is at reach!

Composed by:
B.Satyanarayana Rao,
(Ba. Sa .Raa)
Vijayawada.



Ramesh Paka, Wins Humanitarian Public Servant Award



Hyderabad, June: 22, Metroudayam

Telangana Tahsildar Association General Secretary of the Association, OSD Ramesh Paka is currently maintaining key responsibilities in the office of the Minister of State for Health, Telangana state Cultural leader Chairperson G.Vennela Gaddar and Telangana Film Chamber Chairman P.Ramakrishna goud hands to received the Best Public Servant award at a function held at a hotel in the city on Sunday. With the aim of serving the people, the people who come to him with the great will of the day after getting a government job, they are constantly resolving the problems of the people. Ramesh paka Sevas perspective is congratulated by the governments social responsibility among the employees and his policy to prioritize values ??is inspiring public service and the best public servant award.

Donation for the development of Nacharam Errakunta Library under the aegis of the Dalit Jana Samiti

Hyderabad, June: 22, Metroudayam



Dalit Jana Samiti State Founding Presidents Dalit Ratna Award recipient Uppal contested MLA Bozza Yadagiri for the development of the Nacharam Erragunta Library Former councilor Tunga Tirupati and members of the library committee have been for the development of the library in the presence of the elders. The 11000 check was handed over to former councilor Tungathirupathi on the hands of Bozza Yadagiri. Leaders of the event were Chiluka Shankar, Koppu Lakshminarayana and B.Satyanarayana, Jangam Puri, K.Yadagiri, Tony, Kadi Nagaraju, Gandhamala Kishtayya, Chintapandu Bikshapathi, Jangam Ashok, Mahesh, Gadda Kranti, S. Vasudev, Cherupuram Sriramulu and Komata Ashok participated.

UDAYAM Poetry's



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सभी प्राणियों को अपनी ज़िंदगी प्यारी होती है। सुख सभी को अच्छा, दुःख बुरा लगता है और सभी प्राणी जीना चाहते हैं।

इसलिए किसी प्राणी की भी हिंसा मत करो। ... (शकील उवाचा -392)

धर्म और दुनिया के सभी मजहब हिंसा के विरोध में खड़े हैं। कोई भी धर्मग्रंथों में हिंसा को बढ़ावा देने वाली बातें नहीं मिलती। ऐसे सभी धर्मग्रंथों में हम अहिंसा के सूत्र विपुलता से देख सकते हैं। हिंसा क्यों नहीं करना चाहिए? इस बात को बहुत ही अर्थपूर्ण तरीके से समझाते हुए जैन शास्त्र कहते हैं के, "सबसे पा पियाउआ, सुहसाया दुखपडिकूला, अपियवहा पियजीविणो, जीविउक. मा, सखेसि जीवियं पियं नाइवाएज कंचण ।"

याने "सभी प्राणियों को अपनी ज़िंदगी प्यारी होती है। सुख सभी को अच्छा लगता है और दुःख सभी को बुरा लगता है। और जीवन सभी को प्रिय लगता है। सभी प्राणी जीना चाहते हैं। इसलिए किसी प्राणी की भी हिंसा मत करो।" सच है दुनिया में ऐसा कौन है जो सताए जाने को पसन्द करता हो? कोई नहीं है, तो फिर जो वह खुद जैसी इच्छा रखता है, वैसे ही व्यवहार दूसरों के प्रति क्यों नहीं करता भला?

इस्लाम में कोई व्यक्ति किसीकी जान न लिया हो और समाज में उपद्रव न फैलाया हो ऐसे निष्पाप व्यक्ति की हत्या पूर्ण मानव जाती की हत्या है और एक व्यक्ति की प्राणरक्षा पूर्ण मानव जाती की प्राण रक्षा करने जैसा है। पवित्र कुरान, अध्याय क्रमांक 05, सुराह अल माएदा, आयत क्रमांक 32 में स्पष्ट रूप से कहा गया है के,

इस्लाम में कोई व्यक्ति किसीकी जान न लिया हो और समाज में उपद्रव न फैलाया हो ऐसे निष्पाप व्यक्ति की हत्या पूर्ण मानव जाती की हत्या है और एक व्यक्ति की प्राणरक्षा पूर्ण मानव जाती की प्राण रक्षा करने जैसा है। पवित्र कुरान, अध्याय क्रमांक 05, सुराह अल माएदा, आयत क्रमांक 32 में स्पष्ट रूप से कहा गया है के,



"जिसने ना हक (निष्पाप) एक व्यक्ति को मारा, उसने मानो पूरी इंसानियत को मार डाला, और जिसने एक व्यक्ति को बचाया, उसने मानो पूरी इंसानियत को बचाया।"

पवित्र कुरान, अध्याय क्रमांक 02, सुराह अल बकरा, आयत क्रमांक 190 के अनुसार लड़ाई सिर्फ उनसे से है जो तुमसे लड़ते हैं। उस लड़ाई में भी ज़्यादाती नहीं करनी चाहिए, सीमाओं का उल्लंघन नहीं करना चाहिए ऐसा स्पष्ट आदेश देकर कहा गया है ईश्वर कभी ज़्यादाती करने वाले अपराधियों से प्यार नहीं करता और दोस्त नहीं रखता।

पवित्र कुरान में युद्ध भूमि में जो लड़ते हैं उनसे लड़ने के अलावा और किसी से लड़ने की अनुमति नहीं मिलती। अगर कहीं युद्ध की बात आती भी है तो यह केवल उत्पीड़न के प्रति रक्षात्मक प्रतिक्रिया के संदर्भ में आती है। लेकिन पाखंडी, अधार्मिक लोगों ने इस विषय में अर्थ का अनर्थ करके हिंसा का प्रोत्साहन करते हैं जो सरासर गलत है। तुमसे लड़ने वाले भी अगर लड़ाई छोड़कर शांति का प्रस्ताव रखे तो उसे स्वीकार करने की बात पवित्र कुरान में कही गई है।

इस बारे में पवित्र कुरान में कहा गया है के, "और यदि वे (लड़ने वाले अधार्मिक) भी सुलह (शांति) की ओर झुकें तो तुम भी शांति की ओर झुको और खुदा (ईश्वर) पर भरोसा रखो। वास्तव में, वही सुनने वाला, जानने वाला है।" (पवित्र कुरान, अध्याय क्रमांक 08, सुराह अल अन्काल, आयत क्रमांक 61)। याने धर्म और धर्म के सभी पंथों में प्रेम, शांति, करुणा को महत्व दिया गया है। अगर कोई व्यक्ति किसी धर्म या मजहब (पंथ) के नाम से हिंसा को सही कहे तो वह सरासर गलत है।

-डॉ. मोहम्मदशकील ताजमोहम्मद जाफरी (शकील मंवंरी), मंत्र, पुणे (महाराष्ट्र) भारत



Hyderabad June:23 (Metro udayam)

Today, Digambar Jain Social Group has organized a program called CPR Training and Basic Life Support and Dil Ki Baat under the direction of Vinay Ganga Wall, Dil Ki Baat, how to keep the heart health in related to HeartThey were informed, the chief guest of the event, Corporator Mahalakshmi Raman Goud and Congress senior leader G.Raman Goud, Padala Srinivas Goud, Jai Krishna Goud, Ke Shekhar, Sujata, Hitesh, Digambar Zen Social Group Hyderabad members Dinesh Zen, Sangeetha Zen, Praveen Pandya, participated



Six years on, Sandeep Reddy Vanga marks 'Kabir Singh' anniversary with gratitude and reflection



Filmmaker Sandeep Reddy Vanga took to social media on June 21 to commemorate six years since the release of Kabir Singh, the polarizing blockbuster that redefined Bollywood's approach to romantic storytelling. Sharing a nostalgic poster of Kiara Advani soaked in Holi colors, Vanga captioned the post with a simple message: "Thanks for the love, 6 years for Kabir," tagging lead actor Shahid Kapoor, music composers, and producers. Released on June 21, 2019, Kabir Singh was the Hindi adaptation of Vanga's own Telugu cult hit Arjun Reddy. While the film courted significant controversy for its depiction of toxic masculinity and emotional volatility, it simultaneously achieved staggering commercial success. Grossing over \$40 million worldwide, it became the ninth highest-grossing Indian film of its time. Shahid Kapoor's portrayal of Kabir, a hot-headed surgeon spiraling into self-destruction after heartbreak, drew both critical acclaim and backlash. Despite the polarizing reactions, Kapoor earned a Filmfare nomination, and the film ultimately shifted the perception of romantic heroes in Hindi cinema—from idealized lovers to flawed, emotionally charged individuals. Kabir Singh's continued relevance owes much to its availability on streaming platforms like Netflix, where it continues to attract both new viewers and fresh debate. A 2023 University of Mumbai study cited the film as a turning point that challenged conventional romantic narratives, placing inner turmoil and psychological complexity at the heart of its story. As Vanga prepares for upcoming projects like Animal, his acknowledgment of Kabir Singh's anniversary underscores the film's enduring legacy. Love it or loathe it, Kabir Singh remains a cultural touchstone—provocative, impactful, and very much a part of India's cinematic conversation.

Akshaye Khanna's 'Akshardham: Operation Vajra Shakti' set for July 4 release



Five years after its initial OTT debut, Akshaye Khanna's action-packed drama State of Siege: Temple Attack is set to hit theatres under a new title — Akshardham: Operation Vajra Shakti. The film, directed by Ken Ghosh, will release in cinemas on July 4, 2025, bringing a gripping tale of courage, sacrifice, and national duty to the big screen. The makers announced the theatrical release with a powerful new poster featuring haunting temple pillars and the shadowy silhouette of an armed commando — symbolizing both the sanctity of the location and the bravery of the defenders. The caption accompanying the poster read, "An act of terror met with unmatched bravery. The story of courage, sacrifice, and survival comes alive in #AkshardhamOperationVajraShakti." A cinematic retelling of the 2002 terrorist attack on Gujarat's Akshardham Temple, the film captures the harrowing events and the subsequent counter-operation carried out by the National Security Guard (NSG). It serves as a standalone sequel to State of Siege: 26/11, which chronicled the 2008 Mumbai attacks. Akshaye Khanna leads the ensemble cast as Major Hanut Singh, an NSG officer. The film also stars Gautam Rode, Vivek Dahiya, Akshay Oberoi, Abhilash Chaudhary, Parvin Dabas, Samir Soni, Abhimanyu Singh, and Mir Sarwar in pivotal roles. Produced by Zee Studios and Contiloe Pictures, the film boasts a gripping screenplay by William Borthwick and Simon Fantauzzo, with Tejal Shetye handling cinematography and Mukesh Thakur on editing duties. With its intense premise and patriotic fervour, Akshardham: Operation Vajra Shakti promises to be a riveting cinematic experience that revisits one of the most tragic yet heroic chapters in modern Indian history.

Sameera Reddy reveals how she fights her fears every day

Mumbai: Actress Sameera Reddy, known for her inspiring presence on social media, opened up about her personal journey with fear and healing on the occasion of International Day of Yoga. In a heartfelt note, she shared how yoga has become a grounding force in her life, helping her face her fears, embrace her emotions, and find inner peace every single day. Taking to Instagram, she posted a video of herself doing Yoga and reflected on the transformative role yoga has played in her life. In an emotional note, the actress expressed how yoga has helped her find balance, strength, and inner peace through life's challenges. Sameera wrote, "Every day I fight my fears & you bring me balance. You give me hope &



strength. Dear Yoga, you make me corner my mind and deal with what I feel. You hear my thoughts, you make me trust my feelings .. you listen to me when I can't talk to anyone else but myself. You cut the noise. You let me find my answers." "Which in turns heals my soul and my

body. It's all connected. The head heart and the practice. I'm always in grace. #internationaldayofyoga thank you to my teachers @yogabypramila @pleasuringthesenses Yoga for One Earth, One Health- 21st JUNE 2025 #grateful." Reddy also added Jackie Shroff's

trending dialogue "Saans le lamba" as background score for the video. The 'De Dana Dan' actress has been documenting her transformation journey through posts on social media. She often shares videos from her workout sessions, giving a glimpse into her fitness routine and personal growth. On the professional front, 46-year-old Reddy was last seen in the 2013 action film "Varadhanayaka," helmed by director Ayyappa P. Sharma. The film also starred Sudeepa, Chiranjeevi Sarja, and Nikesha Patel in prominent roles. Over the years, Sameera has carved a niche for herself with memorable performances in films such as "Maine Dil Tujhko Diya," "Race," and "Musaafir."

Abhishek Bachchan gets disappeared to unleash chaos in 'Kaalidhar Laapata' trailer

Mumbai: The trailer of the upcoming film 'Kaalidhar Laapata', which stars Abhishek Bachchan, was unveiled on Saturday. The film is touted to be a heartfelt dramedy that explores life, loss, laughter, and the liberating beauty of unexpected companionship. The film stars Abhishek Bachchan as Kaalidhar, who is a middle-aged man grappling with memory loss, abandonment and a lifetime of quiet betrayals. When he overhears his siblings' cruel plan to abandon him at the crowded Maha Kumbh Mela, Kaalidhar decides to disappear on his own terms. What begins as a chance meeting becomes the beginning of something far more profound. The film also stars Zeeshan Ayyub and Daivik Bhagela in pivotal roles. Talking about the film, Abhishek Bachchan said, "As actors, we often hope for stories that move us before they move anyone else, and 'Kaalidhar Laapata' did exactly that. Playing



Kaalidhar was not just a role, it was a revelation. He's fragile, childlike and deeply human, and through him, I got to explore parts of myself I hadn't visited in a while. His bond with Ballu, this fierce, fearless child—reminded me that the most unexpected friendships can sometimes teach us the most profound lessons". He further mentioned, "More than

anything, it made me reflect on how we measure life—not in years, but in moments of connection, courage, and truth. 'Kaalidhar Laapata' is another film in my journey that I feel incredibly proud of. Over the past few years, I've been consciously seeking stories that offer emotional depth, honesty, and something meaningful to say—and this one ticked every box. It's a story that touched my soul, and I hope it touches yours too". The film is set against the rustic, raw beauty of India's heartland, and is a celebration of second chances and the quiet revolution of finding joy when you least expect it. It delves into themes of familial neglect, freedom, and the deep human need to be understood without judgement. Produced by Zee Studios and Emmay Entertainment, and directed by Madhumita, 'Kaalidhar Laapata' is set to premiere on ZEE5 on July 4, 2025.

Journalists are the messenger between the government and the people

Medchal Constituency Congress Party Incharge Thotakura Vajresh Yadav.

Journalists strive to uncover the realities of society...Medipally Inspector Govind Reddy..

Medipally June:23 (Metro Udayam)

Medchal Constituency Congress Party Incharge Vajresh Yadav said Journalists should stand as messenger between Government and public. Medipally Mandal Print Media Press Club New Committee Met with Vajresh Yadav, Former Mayor Thotakura Ajay Yadav and Medipally Inspector Govind Reddy on Sunday. Former President Kalkuri Elliah and former treasurer Nanubothu Ramu Yadav, on this occasion New Press Club President



Chirra Sridhar Reddy, General Secretary Vaddeman Sundar, Treasurer Marati Mallesh was honored with the shawl. Speaking on the occasion, they said that the role of journalists in the protection of democracy is priceless. The role of reporters is crucial in making to reach government schemes to the public.

Telangana state chief minister Revath Reddy has said that the Congress government is committed to the welfare of the reporters hoared greeted and congratulated. Medipally Inspector Govind Reddy said that journalists are working hard to find out the realities of the society and their role in the society is very important. The role of journalists

in the protection of democracy is priceless. He said the police should cooperate in the task. on the occasion Club members Chinta Ramesh, Gundla Kumaraswamy, Nagireddy, Sheri Karunakar Reddy, Marati Mathsagiri and Chinnam Madhu participated in the event