



## May we always walk on path of wisdom shown by Sri Guru Granth Sahib Ji: PM Modi

New Delhi: On the sacred occasion of the Parkash Purab of Sri Guru Granth Sahib Ji, Prime Minister Narendra Modi extended heartfelt greetings to the nation, highlighting the universal values enshrined in the revered Sikh scripture. Posting on X, PM Modi said: "Warm greetings on the sacred occasion of the Parkash Purab of Sri Guru Granth Sahib Ji. The timeless teachings of the Sri Guru Granth Sahib Ji continue to illuminate lives across the world, reminding us of the values of compassion, humility and service. The teachings inspire humanity to strengthen the spirit of unity and harmony. May we always walk the path of wisdom shown by the Sri Guru Granth Sahib Ji and strive to build a better planet." Celebrated with deep devotion



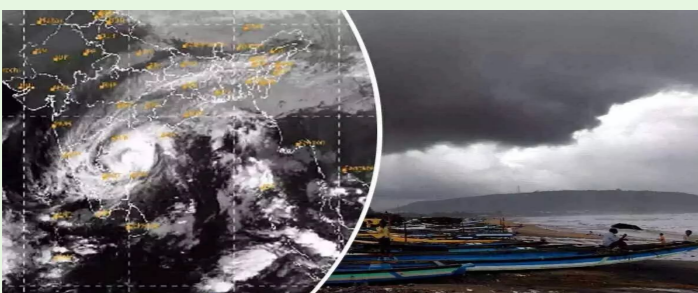
by the Sikh community worldwide, the occasion marks the day when the eternal Guru of the Sikhs, Sri Guru Granth Sahib Ji, was first enthroned as the spiritual guide of humanity.

Union Minister Nitin Gadkari also shared his wishes, writing on X: "Heartfelt congratulations and best wishes on the Prakash Parv of Sri Guru Granth Sahib Ji." Uttar Pradesh Chief Minister

Yogi Adityanath, while extending greetings on the occasion, wrote in Hindi on X (loosely translated): "Heartfelt congratulations to all Sikh brothers, devotees, and residents of the state on the Prakash Purab of 'Shri Guru Granth Sahib Ji'! This divine scripture, illuminated by the Guru's words, is a guide to truth, service, and harmony. Let us, on this sacred occasion, make the Guru's teachings our life's resolve and contribute to building a harmonious society." Across Punjab and various parts of the country, devotees marked the occasion with great reverence. Thousands thronged to Sachkhand Sri Harmandir Sahib (Golden Temple) in Amritsar to pay homage, bowing before the Guru Granth Sahib Ji and partaking in the spiritual celebra-

tions. The sacred scripture, regarded as one of the most profound religious texts in the world, carries messages of equality, peace, and devotion, and addresses all of humanity, transcending caste, creed, and religion. The holy Gurbani of Sri Guru Granth Sahib Ji continues to guide individuals toward a higher spiritual purpose, unity, and righteous living. On Sunday, a Nagar Kirtan (religious procession) is being taken out from Gurdwara Sri Ramsar Sahib, led by the Shiromani Gurdwara Parbandhak Committee (SGPC). As every year, the SGPC is observing the Parkash Purab with deep reverence and grandeur, organising various devotional and community service programmes to honour the eternal Guru.

### AP on alert as new low pressure likely in Bay of Bengal in two days



Andhra Pradesh has been placed on high alert as a low pressure system threatens the region, according to the Amaravati Meteorological Centre. A new low pressure area is expected to form in the northwestern Bay of Bengal and along the Odisha-West Bengal coasts by 25 August. Currently, a low pressure system that developed in the Ganga basin of West Bengal on 23 August continues to persist. It has extended to an average altitude of 7.6 km above sea level and is observed to be shifting southwest as it ascends. Meteorological officials report that the system is likely to move towards Jharkhand within the next 24 hours, gradually weakening. In addition, southwesterly and westerly winds are affecting the state, leading to predicted rainfall over the next three days. Authorities have issued warnings for light to moderate rains in the northern coastal areas and in Yanam, alongside strong winds anticipated to reach speeds of 30-40 km/h. The Meteorological Department has also noted the potential for light to moderate rainfall in select areas of the South Coast and Rayalaseema.

### Srisaillam Project Sees Steady Inflow Amid Flood Conditions

The Srisaillam project continues to experience a consistent inflow of water, with current figures reporting an inflow rate of 471,386 cusecs. However, the outflow has exceeded this inflow, standing at 505,150 cusecs. Water is being released through various channels: 30,000 cusecs from the Pothireddypadu head regulator, 35,315 cusecs from the left bank power station, and 21,775 cusecs from the right bank power station. In addition, ten spillway gates have been raised by 18 feet, enabling the release of 418,060 cusecs downstream. The full water level for the Srisaillam project is 885 feet; currently, water levels are at 881.50 feet. The project has a total storage capacity of 215.80 TMC, with current water storage recorded at 196.11 TMC. Authorities are closely monitoring the situation as the project continues to manage the high inflow effectively.



## AP minister Narayana says legacy waste will be cleared by October 2

Andhra Pradesh Minister Ponguru Narayana has announced that all legacy waste in Andhra Pradesh will be completely cleared by October 2. During his inspection of the legacy waste dumping site in Machilipatnam, he engaged with municipal authorities regarding the bio-mining process for waste management. Narayana reported that 72 lakh tonnes of waste have already been removed statewide, with 13 lakh tonnes remaining. In Machilipatnam alone, 19 thousand tonnes of waste have been cleared. The Minister emphasised that efforts are underway to expedite the waste removal process by deploying additional machinery.

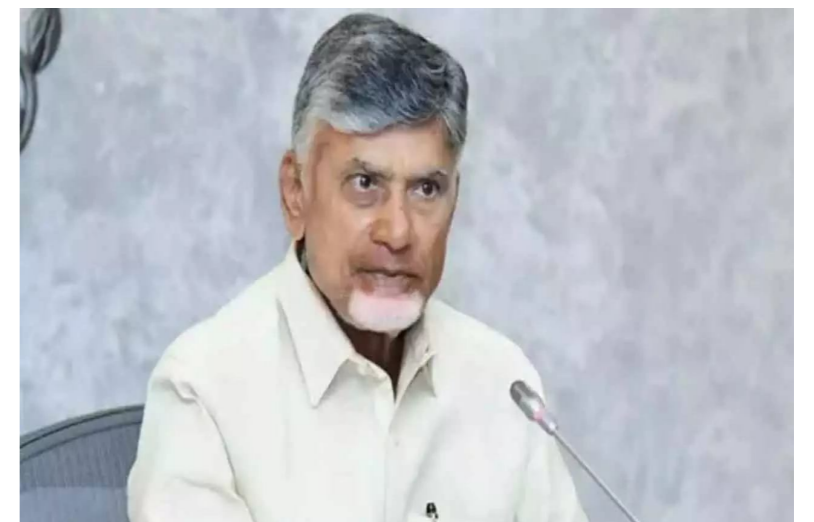


"We are establishing facilities to manage both solid and liquid waste," Narayana stated. He highlighted the ongoing awareness campaign, 'Swarnandhra-Swachh Andhra', aimed at improving waste management practices. Currently, the state is grappling with 7,500 tonnes of solid waste arriving daily. To tackle this, plans are in place to introduce waste-to-energy plants and water treatment facilities for liquid waste management within the next two years.

## Andhra Pradesh CM Calls for Stringent Measures on Fertiliser Supply

Andhra Pradesh Chief Minister Nara Chandrababu Naidu held a teleconference to address the pressing issues surrounding fertiliser availability and distribution across the state. During the review meeting, he provided key directives to the Chief Secretary, the Director General of Police, the Agriculture Department, and Vigilance officers. In his remarks, Naidu requested a district-wise report on fertiliser availability and emphasised the importance of intensive vigilance inspections. He instructed vigilance officers to conduct thorough stock checks on

urea and other fertilisers, underlining the necessity to curb any unlawful diversions. Naidu proposed that urea should be restricted from being used for non-agricultural purposes and called for immediate legal action against those involved in the black market for fertilisers. Additionally, he condemned practices where fertilisers are sold at inflated prices and mandated strict penalties for offenders. During the meeting, officials provided detailed insights into the fertiliser supply through Markfed, leading Naidu to recommend a reduction in allocations to private dealers while



advocating for an increased supply through Markfed to better support farmers. The Chief Minister's orders aimed to ensure a steady and fair supply of urea and prevent any discrepancies in distribution, with a focus on protecting the interests of farmers in Andhra Pradesh.

## Leo Lux Car Decor showroom inaugurated on Uppal Main Road...



**Uppal August 24 (Metro udayam)**

Syed Salman, Syed Saif, Naseeb Khan inaugurated Leo Lux Car Decors new showroom near Uppal Ring Road on Warangal Highway Main Road on Sunday on the hands of Syed Salmans mother Shaheen Begum and grandmother Abida Begum. The organizers said that the car decor showroom has been opened with modern facilities and a modern approach.

## Greater Vysya Youth Association under the auspices of the Govt Primary school for infrastructure



**Hyderabad, August: 18, Metrodayam**

New toilets were built at the Sankeshwar Bazaar Government Primary School in Saidabad under the auspices of the Greater Vysya Youth Association. Water dispensers were donated. Yaski Damodar Gupta (Founder of Yaski Furniture) and Calvakuntla Srinivas were the chief guests of the event. Ashkhara Nidhi Committee Members Karthik Kumar Peddi, Praveen Tallada, Venkatesh Proddaturi, Balakrishna Amaravadi and Others were Participated in this Program.

## Khelo India, Asmita Women's Taekwondo League -2025



**Hyderabad, August: 24, Metrodayam**

Khelo India, Asmita Women's Taekwondo League -2025 was organized in Hyderabad, Kompally Multi Purpose Community Hall, by the Taekwondo Association of Telangana. Approximately 200 women players participated and succeeded. The event was inaugurated by N. Krishna Reddy, Municipal Commissioner Kompally and Bairi Prashant Goud, Congress Party Presidents, Bairi Srividya Prashant Goud. Executive Presidents Gurram Krishna, General Secretary Mir Wahaj Khan, Treasurer Varaprasad Maruti, W Rahul, Duvvuri Ganesh, L Naresh, Santoshi and others participated.

## Libraries are steps towards holistic development: Deccan Land Editor, Manikonda Vedakumar

**Jangaon, August 24, Metrodayam:**

Manikonda Vedakumar, editor of Deccan Land paper speaking to the reporters that reading the books must be habituated from childhood only on the occasion of releasing the books.

Two books launched in Anantasagar.

Manikonda Vedakumar, Editor, Bala Chelimi and Deccan Land said that every village has a history, such history should be written, brought in book form and passed on to the future generations, for which children should develop literary taste and write, Childrens Academy will help in printing childrens works, teachers should promote childrens literature, it is the best citizens literature for tomorrow.



rows society. A book of childrens stories titled Anantha Sagar Akshara Keratalu written by the students of Anantha Sagar High School in Chinna Koduru Mandal of Siddipet district was released on Thursday. Professor of Osmania University. Releasing the book of stories Vishwatejama written by B. Viswateja, a student of

class VII, Raghu said It is wonderful that students write stories at an early age, which is useful for the overall development of students and stories are the stepping stones for the development of our lives. In the meeting presided over by the headmistress Kota Jyothi, after unveiling the books prepared under the editorship of Bhaiti Durgaiah,

the Bal Chelimi library was inaugurated in the school. More than 100 books were donated to the school. Among those present on the occasion were Ramesh Joshi, Shyam Sunder Malhotra, Palwinder Taggar, Raj Kumar Sood, Sunny Kainth, Rohit Pahwa, Navneesh Malhotra and Sanjay Sharma.

## Boduppall East Brindavan Colony Vinayaka Mandapam inauguration

**Father Bommak Srinivas built the mandapam in memory of son, Bommak Sandesh**

**Medipalli August 24 (Metro udayam)**

Boduppall Municipal Corporation 19th Division Congress Party Incharge Bommak Srinivas built a Vinayaka Mandapam in memory of his son, Bommak Sandesh in East Brindavan Colony with his own funds. The chief guests for the inauguration of this mandapam were Medchal Constituency Incharge Thotakura Vajresh Yadav, State Leader Nakka Prabhakar Goud, Boduppall Congress Party



President Pogula Narasimha Reddy, Former Mayor Thotakura Ajay Yadav, Telangana Youth Congress Vice President Ponnampati Goud,

Constituency B Block General Secretary Kotha Kishore Goud, District Youth Congress President Bommak Ajay, former corporators Singireddy Padma Reddy, Rasala

Venkatesh Yadav, Bommak Kalyan, Boduppall Congress Party Working President P. Harinad Reddy, Congress party leaders, division leaders and members of East Brindavan Colony Association participated. Speaking on the occasion, Bommak Srinivas said that as a first step in the memory of his son Bommak Sandesh, a Vinayaka Mandapam was built to be remembered by the colony residents and that in the future, more service programs will be organized through the Bommaku Sandesh Charitable Trust.

## Struggles are the way to solve problems: TSUTF and TPTF

**Jangaon district Jangaon, August 24, Metrodayam:**

TSUTF members from Jangaon district gathered in large numbers at the state dharna program held at Indira Park in Hyderabad under the aegis of Teachers and Education Struggle Committee demanding solution to the problems of teachers and education sector.

Sleeva Raju, Babayya, Neelakantam, Poorna Chander, Rajamouli, Bhaskar and other leaders and 55 teachers attended the programme. The TPTF leaders staged a massive agitation. TPTF State vice-president D. Srinivas, district president N. N. Raju, district general secretary Mohammed Ankushavali and vice-president E. P. Sreekumar were present. Asoka, Y. Vijay, A. Rajareddy, Ch. Satyanarayana Reddy, Secretary Lakshman G.



Sriram, district in-charge. Bhadrachari, Nagabhushanam,

Lachiram, Kalinga Reddy, Rajaiah, R. Kanakaiah, S. Rajaiah, Khader Basha,

Azmathulla and Krishna Reddy

# Ganesh Chaturthi 2025: Ten Bhog Dishes To Offer Lord Ganesh Each Day

Ganesh Chaturthi, one of the most vibrant and eagerly awaited Hindu festivals, will be celebrated from August 27, 2025. Dedicated to Lord Ganesh—the beloved remover of obstacles and symbol of wisdom—the ten-day festival unites households and communities in joy, devotion, and festivity. The celebration begins with the installation of Ganpati's clay idols in homes and public pandals. Devotees worship him with chants, bhajans, and daily offerings known as bhog. Food plays a sacred role in Indian spirituality, and each day of Ganeshotsav can be marked with a unique dish to express devotion and gratitude. Here's a look at ten special bhog ideas for each day of Ganesh Chaturthi 2025.

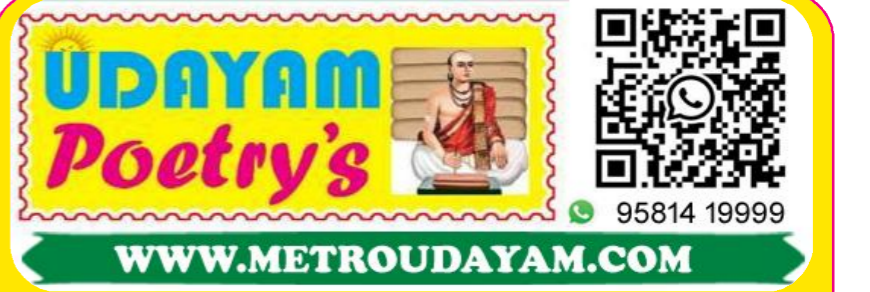
Day 1: Modak – Bappa's Beloved Sweet The festival cannot start without Modaks. These sweet dumplings, filled with coconut and jaggery, are considered Lord Ganesh's all-time favourite. Their soft texture and delightful taste symbolize the beginning of the festivities with sweetness and abundance. Day 2: Shrikhand – A Creamy Indulgence Shrikhand, made from thickened yoghurt blended with sugar, saffron, and cardamom, offers a cooling contrast to festive feasts. The dish reflects purity and devotion while pleasing Ganpati with its smooth and rich flavour. Day 3: Motichoor Laddu –



Symbol of Joy Golden-hued Motichoor Laddus, crafted from tiny gram flour pearls soaked in sugar syrup, are another offering loved by Ganesh. Their round shape is believed to signify wholeness and prosperity, making them a popular choice. Day 4: Payasam – A Sacred Pudding Payasam, a traditional South Indian delicacy, is a sweet milk pudding cooked with rice and flavoured with cardamom, jaggery, or sugar. Garnished with dry fruits, it represents nourishment, prosperity, and devotion. Day 5: Banana Sheera – Temple-style Offering Banana Sheera, prepared with semolina, ripe bananas, nuts, and milk, is a prasada often distributed in temples. Its wholesome taste and sacred connection make it a perfect offering on the fifth day. Day 6: Medu Vada –

Savoury Balance Crispy outside and fluffy inside, Medu Vadas bring a savoury touch to the bhog platter. Made from urad dal batter with curry leaves and spices, these South Indian fritters represent balance in offerings. Day 7: Coconut Rice – Pure and Fragrant Coconut Rice, cooked in coconut milk and tempered with spices, holds a special place in South Indian rituals. Its simplicity, purity, and aroma make it an auspicious choice to honour the deity. Day 8: Satori – Maharashtra's Festive Bread Satori is a rich Maharashtra sweet flatbread stuffed with khoya, semolina, and poppy seeds. Prepared during grand occasions, it reflects celebration and devotion in every bite. Day 9: Puran Poli – A Classic of Abundance Puran Poli, another festive flatbread, is filled

with chana dal and jaggery. Widely prepared in Maharashtra and Gujarat, it symbolizes generosity and the sweetness of life when offered to Ganpati. Day 10: Rava Pongal – A Wholesome Farewell Rava Pongal, made with semolina, moong dal, ghee, and cashews, is a mildly spiced dish. Served as the final offering, it represents warmth, fulfillment, and gratitude as the festival concludes. Ganesh Chaturthi is more than rituals—it is about expressing devotion through love, music, togetherness, and food. By offering these ten dishes across the festival days, devotees not only honour Lord Ganesh but also celebrate India's culinary heritage. Each recipe carries tradition, symbolism, and above all, the sweetness of shared faith.



हर वह व्यक्ति जो इंसफ (न्याय) करने वाला होता है उसे खुदा (ईश्वर) अपना दोस्त रखता है। और जिसे भी ईश्वर स्वयं अपना मित्र बनाए उसे किसी बात की चिंता, डर होने की बात ही नहीं पैदा होती। ... (शकील उवाचा -४९९)

जो अधार्मिक व्यक्ति होता है वह हमेशा कभी खत्म न होने वाले किसी न किसी डर के साए में अपना जीवन बिताते रहता है, लेकिन जो धार्मिक व्यक्ति होता है उसे किसी बात का भय नहीं रहता। अगर कोई भय रहता भी है तो उसे केवल एक ही भय रहता है, और वह भय ईश्वर के अवज्ञा का होता है। और जो ईश्वर के प्रति अपना विश्वास प्रकट किया और ईश्वर की अवज्ञा करने से डरता रहा ऐसे ही व्यक्ति को ईश्वर का मित्र कहा गया और उसे ही ईश्वर की शांति और सुरक्षा प्राप्त होगी ऐसा कहा गया है।

उपरोक्त इसी बात को पवित्र कुरआन, अध्याय क्रमांक 10, सुराह यूनुस, आयत क्रमांक 62 और 63 में स्पष्ट किया गया है। जो भी ईश्वर के प्रति अपना विश्वास प्रकट किया और ईश्वर की अवज्ञा करने से डरता रहा वही नहीं बल्कि हर वह व्यक्ति जो इंसफ (न्याय) करने वाला होता है उसे भी खुदा (ईश्वर) अपना दोस्त रखता है। और जिसे भी ईश्वर स्वयं अपना मित्र बनाए उसे किसी बात की चिंता, डर होने की बात ही नहीं पैदा होती। और ईश्वर जिसको अपना मित्र कहे उसकी संरक्षण में कोई कमी कैसे करेगा भला?।

लेकिन न्याय करने वाला गुण किसी में ऐसे ही नहीं आता। यह गुण उसी में आयेगा जो आलिम (ज्ञानी) होगा। जाहिल (अज्ञानी) कभी भी न्याय के मार्ग पर चल नहीं सकता। क्यों के जाहिल (अज्ञानी) धर्म और अधर्म और सत्य और असत्य में अंतर नहीं कर पाता और अज्ञानी अपने अज्ञान के कारण अपने ही वासनाओं, इच्छा और आकांक्षाओं की पैरवी (अनुसरण) करता है। और जो इच्छा आकांक्षाओं का अनुसरण करता है वह कभी न्याय मार्ग का अनुसरण कर नहीं सकता।

पैगम्बर साहब मोहम्मद (स्व.) के पहिले उत्तराधिकारी इमाम अली इब्न अबू तालिब अलैहिस्सलाम का फरमान (कथन) है के, "जो जाहिलत की पैरवी (अज्ञानता का अनुसरण) करता है वह अदल के राह (न्याय के मार्ग) को छोड़ देता है।" (हैदरी कुतुब खाना, मुंबई द्वारा प्रकाशित उर्दू पुस्तक तजल्लियते हिकमत, बाब अदल, 144, हदीस क्रमांक 09, पुष्ट क्रमांक 317)। और याद रहे के, हर वह बात जाहिलत (अज्ञान) की बात होगी जिसे धर्म ने निषिद्ध किया है।

धर्म और ज्ञान मानव को हमेशा इंसफ (न्याय) करने का आदेश देते हैं। अधर्म और अन्याय के अनुसरण करने वाले को सृष्टिकर्ता पालनहार परामत्ता कभी पसंद नहीं करता। पवित्र कुरआन में कहा गया है के, "...और इंसफ (न्याय) से काम लो। बेशक खुदा (ईश्वर) इंसफ (न्याय) करने वालों को दोस्त रखता है।" (पवित्र कुरआन, अध्याय क्रमांक 49, सुराह अल हुजोरत, आयत क्रमांक 09)।

लेकिन जो कोई अपनी शहवत व ख्वाहिश (वासना और इच्छा - आकांक्षा) से मुक्त नहीं होता वह कभी न्याय के मार्ग पर चल ही नहीं सकता। न्याय के मार्ग पर कोई भी गुलाम (दास) नहीं चल सकता। न्याय के मार्ग पर चलने के लिए आदमी का आजाद (स्वतंत्र) होना बहुत जरूरी है और न्यायमार्ग पर वही चलेगा जिसके पास मान सम्मान और प्रतिष्ठा सुरक्षित हो। जो वासनाओं और आशा - आकांक्षाओं पर विजय नहीं पाता उसकी कोई प्रतिष्ठा सुरक्षित रह नहीं सकती।

पैगम्बर साहब मोहम्मद (स्व.) के पहिले उत्तराधिकारी इमाम अली इब्न अबू तालिब अलैहिस्सलाम का फरमान (कथन) है के, "जो अपनी शहवत (वासना) को लगाम लगा लेता है वह अपनी कदरो मंजिलत (मानसम्मान, प्रतिष्ठा) को बचा लेता है।" और "जो शहवत को तर्क (वासना का त्याग) कर देता है वह आजाद (स्वतंत्र) हो जाता है।" (हैदरी कुतुब खाना, मुंबई द्वारा प्रकाशित उर्दू पुस्तक तजल्लियते हिकमत, बाब शहवत व ख्वाहिश, 122, हदीस क्रमांक 05 और 07, पुष्ट क्रमांक 265)।

-डॉ. मोहम्मदशकील ताजमोहम्मद जाफरी (शकील मंवीरी), मंवर, पुणे (महाराष्ट्र) भारत



## Andhra Pradesh CM Naidu pays homage to Sudhakar Reddy

Andhra Pradesh Chief Minister N. Chandrababu Naidu paid his last respects to former CPI general secretary Suravaram Sudhakar Reddy here on Sunday and recalled his services to people.

The Telugu Desam Party (TDP) supremo visited Makhdoom Bhavan, the office of the Communist Party of India (CPI), to pay homage to the former MP. He laid a wreath on the mortal remains of the veteran leader and consoled his family members.

Naidu also wrote his message in the condolence book before paying floral tributes.

Later, talking to media persons, Chandrababu Naidu recalled his long association with Sudhakar Reddy. He said they participated together in various movements on people's issues.

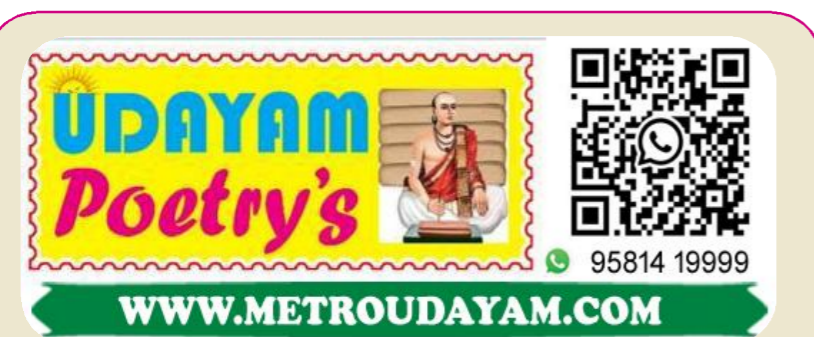
The TDP chief stated that Sudhakar Reddy played a key role in national politics. He also recalled the services rendered by the Communist leader as MLA.

The Chief Minister said that during the formation of various governments at the Centre, the movements for the protection of democracy and on other occasions, they worked together. "Sudhakar Reddy garu had special affection for me. I



can never forget him in my life. He personally supported my work. I condole the passing away of such a good friend and well-wisher," he said. Chandrababu Naidu termed Sudhakar Reddy's demise as a huge loss to society. The loss to society is as huge as to the CPI. Especially, his demise is a loss to the country and to the state, he said. "He may have left us physically, but his legacy will remain with us. His principles and services rendered by him will always be remembered," added CM Naidu. Earlier, Telangana Chief Minister A. Revanth Reddy and Deputy Chief Minister Mallu Bhatti Vikarmarka

also paid tributes to Sudhakar Reddy. The Deputy CM recalled that from a young age, Sudhakar Reddy fought for the poor and participated in public movements. He said the Communist leader was friendly towards everyone. State ministers, Telangana Pradesh Congress Committee president Mahesh Kumar Goud, BRS working president K. T. Rama Rao, Lok Satta founder Jayaprakash Narayan, Madiga Reservation Porata Samithi (MRPS) founder Manda Krishna Madiga, MLC M. Kodandaram, and civil liberties activist Haragopal also paid their homage.



## बाढ़ की विभीषिका

नदियों का पानी, किनारों से बाहर आता है, बाढ़ की विभीषिका, सब कुछ बहा ले जाती है। घरों को तोड़ती, पेड़ों को उखाड़ती, जीवन को तबाह करती, सब कुछ नष्ट करती है।

बाढ़ के पानी में, लोग बहते हैं, उनकी आँखों में, आंसू बहते हैं। घरों की यादें, सब कुछ खो जाता है, जीवन की उम्मीदें, सब कुछ टूट जाता है।

नदियों का क्रोध, सब कुछ नष्ट करता है, बाढ़ की विभीषिका, सब कुछ बहा ले जाती है। पेड़ों की जड़ें, उखड़ जाती हैं, घरों की दीवारें, ढह जाती हैं।

बाढ़ की पीड़ा, सब कुछ तोड़ती है, जीवन को तबाह करती, सब कुछ नष्ट करती है।



लोगों की उम्मीदें, सब कुछ टूट जाती हैं, जीवन की खुशियाँ, सब कुछ खो जाती हैं।

बाढ़ के बाद, सिर्फ तबाही रहती है, जीवन को फिर से शुरू करने की चुनौती रहती है। लेकिन बाढ़ की विभीषिका, कभी नहीं भूलती है, जीवन पर इसका प्रभाव, हमेशा रहता है।

वीडि दुर्गावत एम. ए.  
श्री जयंति रमरया वंतुतु  
जि. प. उ. पाठशाला,  
सीरिवल्ली

# Janvhi Kapoor shares fun BTS clips with Sidharth Malhotra from 'Param Sundari' promotions in Delhi

Mumbai: Janvhi Kapoor is all pepped up for her upcoming movie, 'Param Sundari'. The movie also stars actor Sidharth Malhotra and is set for a release around Ganesh Chaturthi. The makers of 'Param Sundari' are leaving no stone unturned in promoting the movie in various parts of India. Recently, Janvhi and Sidharth were seen promoting the movie in north India. Sidharth Malhotra and Janvhi Kapoor who are currently in Delhi, were seen dancing with the crowd on their hit song from the movie and were hopping to various places in the capital. The duo was also seen gobbling on some authentic Chole Bhature and Rajma Chawal, while the crowd looked on and tried to catch a glimpse of the good looking two. Janvhi,

throughout the promotion was seen decked up in a classy saree teamed up with minimal accessories and make-up. She also shared photos on her social media account of her Delhi fun trip and captioned it as, "Dilli". For the uninitiated, 'Param Sundari' is a cross-cultural romantic comedy, set against the beautiful backdrop of Kerala. The trailer that was released a few weeks ago, put to showcase the uniqueness of the two cultures amidst monsoon-drenched roads, backwater bike rides, and centuries-old churches. The trailer hinted at the storyline of a Delhi boy, played by Sidharth, falling for a Kerala girl, played by Janvhi and how their culture clash leads to some fun moments. The makers, Maddock Films, while sharing

the trailer wrote: "Dilli ka munda Param is bringing full-on Punjabiyan ka swag aur siyappa to Sundari's God's Own Country! The biggest love story of the year — #ParamSundari... Presented by Dinesh Vijan, directed by Tushar Jalota, in cinemas 29th August. #ParamSundariTrailer Out Now!" Along with Janvhi and Sidharth, 'Param Sundari' also stars Renji Panicker, Siddhartha Shankar, Manjot Singh, Sanjay Kapoor, and Inayat Verma in supporting roles. The technical cast of the film has Santhana Krishnan Ravichandran as the cinematographer, Manish Pradhan as the editor, and Sachin-Jigar as the music composer. Directed by Tushar Jalota, 'Param Sundari' is set to release on August 29.



## Soha Ali Khan loves reading murder mysteries, romance is her least favourite genre



Mumbai: Bollywood actress Soha Ali Khan, who released her podcast 'All About Her' on streaming medium, is a bookworm. She likes to read murder mysteries in fiction, and if she's on a plane, and has forgotten her books or literature, she would pretty much read whatever is available on the flight. The actress spoke with IANS during the promotional run of her podcast, and opened up about her reading habits. She told IANS, "When it comes to fiction, I only like murder mysteries, like somebody has to die and somebody has to solve it. Otherwise, I'm not interested. Romance is my least favorite genre. I'm really not interested in romance". She further mentioned, "When it comes to non-fiction, I really like everything because I feel like if properly told, we can learn from any kind of non-fiction. I'm the kind of person who if I'm on a plane, or if I've forgotten to take my iPad or forgot to charge my iPad, or you have no entertainment and you're on a domestic plane, I will read anything. I read that magazine also, I'll read about something bizarre, like something about outer space, quantum physics or something, I may not understand it, and I may read it many times, but I enjoy reading". She also has a knack for international relations, and geo-politics, as she said, "And I will read about any subject I feel. But the subjects that I'm really drawn to, I feel our health and fitness, like you said, I also like wildlife and nature. And I also like international relations. I like learning about geopolitical stuff, what's happening in the world, politics, things like that", she added. 'All About Her' is available to stream on YouTube.

## Shekhar Kapur reflects on the need to balance the masculine and feminine energy

Mumbai: Director Shekhar Kapur reflected on the need to balance the masculine and feminine energy within all of us, citing an example of Lord Shiva and Goddess Parvati. The 'Mr India' maker shared a popular Hindu mythological tale when Lord Shiva went into meditation, leaving the Gods concerned. "For without the Tandav dance of Shiva, the Universe would be still .. as still as Shiva in deep meditation .. the stars would neither form nor explode .. there would be no birth and no death .. just a vast stillness .. perhaps like before the Big Bang .. and slowly the universe would disappear into a vast nothingness." The Gods then begged Parvati to seduce Shiva, to arouse his sexuality and creativity again. They knew that if disturbed in meditation, Shiva's anger might be uncontained and could even reduce Parvati to ashes. However, thankfully, that did not happen.

## Kreative Launchpad aims to redefine Telugu independent music with fresh storytelling

Telugu music, while vibrant and popular, often finds itself dominated by film-based songs, leaving limited space for original independent creations. Addressing this gap, Kreative Launchpad, a new-age music and content platform, is stepping forward with the goal of bringing refreshing originality to the Telugu music scene. Backed by a young and dynamic team, Kreative Launchpad focuses on crafting soulful tracks and impactful storytelling that resonates with today's audiences. Unlike conventional platforms, the team blends music with immersive short-form content, ensuring every release is not just a song but a complete visual and narrative experience. The

platform prides itself on presenting authentic stories that reflect contemporary themes, while also experimenting with diverse sounds and styles. By consistently observing the evolving world of cinema and digital storytelling, Kreative Launchpad aspires to push creative boundaries and bridge the gap between music and modern narratives. Their latest release, #Jagamule, marks the beginning of this ambitious journey. Positioned as more than just a song, #Jagamule is a glimpse into the platform's vision of shaping the future of Telugu independent music with originality and emotional depth. With a commitment to fostering talent and offering audiences music



that feels genuine and relatable, Kreative Launchpad is carving a niche for itself. As independent music steadily gains traction, platforms like these are set to play a crucial role in redefining how Telugu audiences experience music beyond the silver screen.

## 'Swim, Cycle, Run', Milind Soman participates in the Ironman triathlon after a decade

Mumbai: Actor and fitness enthusiast Milind Soman participated in the Ironman triathlon after a decade. He shared that more than 80 Indians participated in the triathlon, including his better half, Ankita Konwar. Sharing photos and videos from the event in Spain on social media, Soman wrote, "Swim! Cycle! Run! Doing an Ironman triathlon after 10years...Ankita is doing her first 70.3 half Ironman, so proud !!! Great to be in beautiful Tallinn, Estonia! Really amazed to learn that more than 80 Indians are participating here, what a difference from 10years ago, Jai Hind !" The picture showed Soman and Kunwar posing in their swimwear, followed by a photo of the actor enjoying a healthy meal amidst a beautiful backdrop. We



could also see Soman and Kunwar facing the camera for a fun selfie. The post further included a string of photos of the couple in the Iron Village. These two also enjoyed the sea, along with the 'Emergency' actor riding a bicycle during his getaway. Back in July, Soman and his better half spent the weekend completing the triathlon

challenge in Kolhapur, which included a 3.8km swim in Rajaram lake, followed by 180km cycling, and a 10 km run. He dropped a gamut of videos and photos of himself and Kunwar riding the bicycle, posing by the lake, and running on the road. Talking about his experience of the triathlon, Soman shared:

"Superfabulous weekend in Kolhapur, the triathlon capital of India, with @ankita\_earthly cycling her first 180km with me, that too after a 3.8km swim in Rajaram lake...also did a 10km run post that to cool down super support from @vaibhavbelgaonkar and his fantastic team we will be back !!!! Prior to this, Soman was also a part of a half-marathon. He dropped a couple of sneak peeks of the event on Instagram, and wrote: "Ran the Tromso midnight half marathon in Norway with @ankita\_earthly a couple of weeks ago, terrific fun! Run started in the night and ended at midnight in bright sunlight, beautiful weather, beautiful flowers, beautiful landscapes, beautiful people, great food, a fun, fun, fun experience."