

Will give a lot of credit to how I prepped before coming to Australia, says Rohit



PM Modi declares 2026 as ASEAN-India Year of Maritime Cooperation

Prime Minister Narendra Modi on Sunday noted that the cooperation between India and ASEAN is growing rapidly in Humanitarian Assistance and Disaster Relief (HADR), maritime security and blue economy and declared 2026 as 'ASEAN-India Year of Maritime Cooperation.' While delivering opening remarks during the ASEAN-India Summit virtually, PM Modi said, "India has stood firmly with its ASEAN friends in every crisis. Our cooperation in HADR, maritime security, and the blue economy is growing rapidly. In light of this, we are declaring 2026 as the 'ASEAN-India Year of Maritime Cooperation. Along with this, we are strongly promoting bilateral cooperation in education, tourism, science and technology, health, green energy, and cyber security... 21st century is our century. It is India and ASEAN's century."



Calling ASEAN the main pillar of India's Act East Policy, the Prime Minister expressed New Delhi's support for ASEAN centrality. He stated that the partnership between India and ASEAN is emerging as a "powerful foundation for global stability and growth." Stressing that India and ASEAN share deep

historical ties and shared values, PM Modi said, "India and ASEAN together represent nearly a quarter of the world's population. We not only share geography, but we are also linked by deep historical ties and shared values. We are fellow travellers of the Global South. Our partnership is not just com-

mercial but also cultural."

He said, "ASEAN is the main pillar of India's Act East Policy. India has always supported ASEAN Centrality and ASEAN's outlook on the Indo-Pacific. During these times of uncertainty, the India-ASEAN Comprehensive Strategic

Partnership has made steady progress, and our strong partnership is emerging as a powerful foundation for global stability and growth."

The Prime Minister noted that the theme of this year's ASEAN Summit, 'Inclusivity and Sustainability', "clearly reflects in our shared efforts - be it digital inclusion or ensuring food security and resilient supply chains amid the current challenges." PM Modi congratulated Malaysian Prime Minister Anwar Ibrahim on the successful hosting of the ASEAN Summit. The Prime Minister thanked the Philippines President, Bongbong Marcos, for being the country coordinator for India and congratulated Timor-Leste for joining ASEAN. He offered condolences to the people and the royal family of Thailand on the passing away of Queen mother Sirikit.

Cyclone Montha Approaches Andhra Pradesh: Red Alert Issued

A severe low-pressure area in the southeast Bay of Bengal has intensified into a depression, now located approximately 920 km from Kakinada. Expected to convert into a cyclone on Monday and evolve into a severe cyclonic storm by Tuesday, the Meteorological Department anticipates that Cyclone Montha will make landfall near Kakinada between Machilipatnam and Kalingapatnam on Tuesday evening.



Consequently, the Andhra Pradesh government is taking precautions as Cyclone Montha approaches. Chief Minister Chandrababu Naidu has alerted district collectors and instructed them to implement a special action plan in prepara-

tion for the anticipated heavy rains. The Meteorological Department has issued a red alert across ten districts due to the impending cyclone. Heavy rainfall is expected in the northern and southern coastal regions of Andhra Pradesh for four days, with a red alert specifically

declared for Bapatla, Prakasam, Nellore, Kadapa, Annamaya, and Tirupati districts. These areas are likely to experience the highest rainfall. Additionally, an orange alert has been issued for Konaseema, West Godavari, Krishna, Guntur, Palnadu, Nandyal, and Chittoor districts, indi-

cating moderate to heavy rain is also likely there. On the 28th, as the storm intensifies, heavy rain and gusty winds of 70 to 100 kilometres per hour are anticipated. In response to the situation, CM Naidu convened a video conference with collectors and Superintendents of Police to strategise on measures to protect life and property. He emphasised the need for action plans in coastal districts and appointed officers to oversee relief efforts. To mitigate potential disruptions to power and drinking water supplies, a robust preventive strategy has been implemented. Deputy CM Pawan Kalyan has proposed several recommendations to the Kakinada Collector, stressing the importance of vigilance in the face of Cyclone Montha's approach.

AP minister urges electricity dept to tackle Montha cyclone aftermath

Minister Gottipati Ravi Kumar convened a review meeting with officials from the electricity department, engaging with three Chief Managing Directors in light of the impending Montha cyclone. The Chief Secretary to the government, K.



Vijayanand, also participated in this critical discussion. During the meeting, Minister Ravi Kumar stressed the importance of alertness among electricity employees due to the approaching cyclone. He instructed officials to ensure uninterrupted power supply and to initiate restoration work promptly should any outages occur.

The minister called on electricity officials to be fully prepared for any situation that may arise, emphasising the need for proactive measures to prevent loss of life and damage to property. He mandated that all district, mandal, and village-level officials remain on standby and work closely with other departments. In a significant decision, the minister announced the cancellation of holidays for electricity employees on the 27th, 28th, and 29th of this month. He advised the public to exercise caution around fallen power lines and poles, and informed them to report any power issues by calling the number 1912.

TPCC chief express confident of Jubilee Hills by-election victory

Mahesh Kumar Goud, President of the Telangana Pradesh Congress Committee (TPCC), expressed confidence in the potential victory of the Congress candidate, Naveen Yadav, in the upcoming Jubilee Hills by-election. Speaking to the media in Delhi, Goud stated that the Congress party is set to secure a substantial majority, highlighting the government's ongoing welfare schemes benefiting approximately 46,000 households in the Jubilee Hills area.

Despite the Bharat Rashtra Samithi (BRS) winning the constituency for the past decade, Goud asserted that Chief Minister Revanth Reddy has

consistently faced allegations of vote manipulation. He underscored the Congress party's commitment to development and welfare initiatives as a source of strength in the electoral battle. Addressing internal party dynamics, Goud noted that the Congress high command is closely monitoring political developments in the state. "The chapter of quarrels between ministers is over. It is essential for leaders to communicate responsibly," he remarked, in reference to a recent dispute involving Konda Surekha and Kadiyam Srihari. He characterised the situation as a "communication gap" exacerbated by

police actions, confirming that a report on the matter has been submitted to the high command.

In a strategic move, Goud mentioned that certain MLAs may assume responsibilities within the District Congress Committees (DCCs). He revealed that Uttam Kumar Reddy's wife has expressed interest in the role of DCC president. Goud noted the importance of MLAs taking on these responsibilities without being perceived as holding multiple positions, asserting a rule that prohibits individuals from occupying two roles simultaneously.



TELANGANA GOVERNMENT FAST-TRACKS OUR ASCENSION TO WORLD- CLASS STATUS



Hyderabad, metro udayam October 26....

The Government of Telangana has initiated a major, strategic move to elevate Osmania University (OU) to a World-Class Institution. This action fulfills the Honourable Chief Ministers commitment to significantly upgrade the universitys infrastructure and research capabilities, setting a clear trajectory for global prominence.

To drive this project, an expert 8-member committee has been constituted, chaired by Smt. A. Devasena, IAS, CCE/C???. The committees mandate is to devise a comprehensive strategy for the optimal utilization of OUs land resources and to prioritize specific projects that will accelerate the universitys global ranking.

Strategic Benchmarking at IIT Hyderabad

In a crucial step preceding final recommendations, key members of the committee conducted a strategic visit to IIT Hyderabad. The delegation included Smt. A. Devasena, IAS, CCE/C???, Prof. Kumar Molugaram, VC, OU, Sri Ganapathi Reddy, MD, EWIDC, Prof. Basharat Ali, Prof. of Practice, Dept. of Civil Engineering, OU, Prof. K.V.L.Subrahmanyam, Dept. of Civil Engineering, IIT, Hyderabad, and Prof. Thirupathi Rao, Former VC, OU.

The members received a comprehensive presentation from the Director of IIT Hyderabad, Prof. B. S. Murty, gaining a first-hand understanding of the benchmarking standards and best practices that enabled the institution to grow from humble beginnings to a world-class institute. This engagement ensures OUs development plan will be grounded in proven models of organizational success and academic excellence.

The Expert Committee is operating under an accelerated timeline and is scheduled to submit its Comprehensive Action Plan to the Government by the 02nd week of November, 2025. This swift timeline underscores the State Governments priority in fostering academic excellence and generating world-class research capabilities within Telangana.

Dr. P.S KRISHNAMURTHY and Smt .RAJ RANI KAPOOR MEMORIAL ORATIONS AT HMAT

Hyderabad, October:
26,Metroodayam

The memorial lecture in the name of Dr. Pilaka Sri Krishnamurthy, a renowned international homeopathic doctor, Dhanvantari awardee was held grandly under the auspices of the Homeopathic Medical Association of Telangana (HMAT). on Sunday evening at Jupalli Balamma Auditorium, Himayath Nagar. The President of the Association, Dr. K. Gopalakrishna, presided over and welcomed the audience while the General Secretary, Dr. G. Durga Prasad Rao, explained the medical & other services provided by the Association. Along with this, the memorial oration in the name of Smt. Raj Rani Kapoor was also held. Dr. P. S.



Krishnamurthy Memorial Lecture was delivered by Dr. Syed Shams Babar, a senior gynecologist and homeopathic practitioner from the city, as the main speaker, Dr. Sadiqa Umama Babar, Dr. Gautam Rallabandi, and Dr. Muskan Agarwal as panel speakers, and A Question Hour with

Dr. Babar was organized. After this, in Smt. Raj Rani Kapoor memorial oration , Dr. C. Raja Hrams, Assistant Professor, M. N. R Homeopathic Medical College, gave a presentation on the topic Exploring Homeopathic Approach in Bipolar Disorders Dr. P. S. Krishnamurthys family

members Sri Pilaka Ramakrishna was the special guest in this program, H.M. A. T. Governing Council members, ICRH (Clinical) Director Dr. Venugopal Gowri, Dr CV Swamy , Dr Sai Shruthi and many homeopathic practitioners were present.

CSIR-ICT Scientist Honoured with Rashtriya Vigyan Puraskar - Vigyan Shri in Environmental Science

Hyderabad, metro
udayam October 26....

Dr. S. Venkata Mohan, Chief Scientist, Department of Energy and Environmental Engineering, CSIR-Indian Institute of Chemical Technology (CSIR-IICT), has been awarded the Rashtriya Vigyan Puraskar Vigyan Shri for the year 2025 by the Government of India in recognition of his outstanding contributions to environmental science and bioengineering.

Dr. Mohan is internationally recognized for his pioneering research in environmental biotechnology, focusing on metabolic modulation of microorganisms for applications in energy generation, waste valorization, and environmental restoration. Over three decades, his work has advanced sustainabil-



ity-driven bioengineering and circular bioeconomy frameworks, leading to the development of integrated bioprocess systems that promote resource recovery, waste-to-wealth conversion, and low-carbon energy solutions. His innovations in biorefineries, wastewater treatment, and CO2 biosequestration have provided scalable

models for sustainable environmental management, aligning with Indias national goals on climate resilience and clean energy transitions. With more than 450 publications (H-index-106; Citations of 39,000), 16 patents, and mentorship of 42 Ph.D. scholars, Dr. Mohans research has significantly advanced the

field of environmental bio-engineering. He has previously been honoured with the Shanti Swarup Bhatnagar Prize, the INAE-SERB Abdul Kalam Technology Innovation National Fellowship, and the DBT-Tata Innovation Fellowship. The Rashtriya Vigyan Puraskar Vigyan Shri is among Indias highest recognitions for scientific excellence and societal impact. Dr. Mohans selection stands as a testament to his visionary leadership, commitment to sustainable science, and enduring contributions to environmental research and innovation.

Dr. S. Venkata Mohan currently serves as the Director of the CSIR-National Environmental Engineering Research Institute (CSIR-NEERI), Nagpur.

Successful Organization of Hindi Workshop by New Saraswati House Publications

Hyderabad, October:26, Metroodayam

New Saraswati House Publications successfully organized a one-day Hindi workshops on the theme Innovative Techniques for Hindi Language Teaching and Easy Learning at Iris Hall, Hampshire Plaza Hotel, Hyderabad. The special focus of the workshop was on The Use of Artificial Intelligence (AI) in Teaching Held on the workshop witnessed the active participation of around 130 Hindi teachers. The sessions were conducted and guided by eminent educationist, author, poet, journalist, and subject expert Dr. Trilok Nath Pandey. The event was organized under the supervision of Mr. Swadesh Kumar, Vice-President, New Saraswati House (India) Pvt. Ltd., and Mr. B. Sharan Kumar, Sr. General Manager, New Saraswati House (India) Pvt. Ltd. - Telangana and Andhra Pradesh. Under their able guidance and support, the workshop was well-planned, smoothly executed, and highly appreciated by all participants. The primary objective of the workshop was to make Hindi teaching more effective, creative, and technologically empowered. In his interactive ses-



sions, Dr. Pandey emphasized how, in the modern era of education, Hindi language teaching can be made more communicative, engaging, and relevant with the use of technology. He demonstrated, through practical examples, how Artificial Intelligence (AI) can simplify, personalize, and make the learning process more interesting for students. Throughout the workshop, teachers participated in sever-

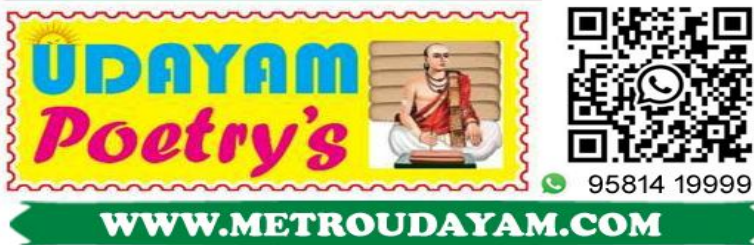
al interactive activities and experienced innovative teaching techniques in action. Their enthusiasm, curiosity, and collaborative approach made the event lively and inspiring. Many participants shared that such workshops should be organized at least twice a year and for a longer duration to allow for deeper discussions and hands-on practice.

Dr. Trilok Nath Pandey appreciated the

dedication and enthusiasm of all the teachers and stated that the true success of the workshop would be reflected when teachers apply the learned pedagogical techniques and AI-based tools in their classrooms. He emphasized that teaching is a continuous process where both teachers and students learn together.

The organizing team from New Saraswati House Publications mentioned that the organization strongly believes in quality, innovation, and collaboration with educators. It not only publishes books but also continuously strives to make teaching more vibrant, accessible, and aligned with the National Education Policy (NEP).

The workshop concluded with a vote of thanks and an inspiring message by Dr. Pandey. He expressed heartfelt gratitude to all the teachers, school representatives, organizing members, and the New Saraswati House family for their cooperation and support. Thus, this Hindi workshop held in Hyderabad proved to be not just a platform for knowledge exchange but also a significant step toward innovation and technological advancement in Hindi language teaching.



DIGNITY OF LABOUR!

Whatever may labour be!
Skilled, unskilled or semi!
None to be under estimated!
Each has its own value!
It is called dignity of labour!

Manual labour, mental ability classify labour!
Production in factory!
Discharging work in office!
Daily wage working, work for bread earning!
Target maintenance of life is goal!

Discrimination should not be there!
Looking down upon unskilled labour is injustice!
Even punishable under rule of land!
Technical unable to per-



form non technical task!
It is vice versa formula!

Hence not to treat any incapable!
For everyone work is worship!
More over at times mutual help needful!
Need not feel shy of work done or entrusted!
Dignity of labour theory apply in all fields of life.

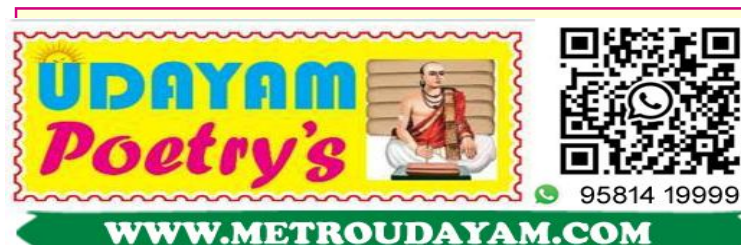
Composed by:
B. Satyanarayana Rao,
(Ba. Sa. Raa)
Vijayawada.

KCR will not rest if he messes with BCs...

BC Welfare Association State Secretary
Kadaboyina Mallesh Yadav

Medipally October:26
(Metro udayam)

BC Welfare Association State Secretary Mallesh Yadav has expressed his anger, saying that KCRs arrogant attitude towards BCs is proof that he is bankrupt and that he will show what he is if he messes with BCs. To this extent, BC association leaders were arrested as part of the Raj Bhavan siege program on Sunday and taken to the police station. Later, Mallesh Yadav said, Naveen Yadav strongly condemned BRS party president KCRs remarks about Naveen Yadav, a BC and a child of the weaker sections, who is contesting as a Congress candidate in the Jubilee Hills by-election, calling him a rowdy sheeter family with the arrogance of an upper caste. Naveen They demanded that KCR immediately apologize to the Yadav family. Otherwise, they warned that in the coming days, the people of the BC, SC, and ST minority lower classes will teach them a lesson.



क्या यह इंसान, यह पेड़ - पौधे, ये चरिंद व परिंद (पशु और पक्षी), ये चांद - सूरज, ये सय्यारे - सितारे (ग्रह - नक्षत्र) और जिन्नों - इंसान या सब क्या अपने आप खुदको बनालिये हैं?।... (शकील उवाचा -११३)

हर चीज का कोई न कोई कारण होता है। हम उस कारण शक्ति को समझ लें तो ईश्वर के बारे में बहुत सी बातें सुलझ जाएंगी। कोई कहें के शून्य से, अपने आप कुछ प्रकट नहीं होता। या कोई कहें के ईश्वर ने शून्य से ब्रह्माण्ड को प्रकट किया है। दोनों ही बातों से ईश्वर की तथ्य का पता चलता है। प्रश्न उठाते हैं के, शून्य से प्रकट नहीं होता तो सब आया कहा से? और कोई कहता है के ईश्वर ने शून्य से सृष्टि की रचना किया है तो इसका अर्थ यही है के उसने किसी नमूने के बगैर शून्य से सृष्टि की रचना की।

शून्य से कुछ भी नहीं आता और ना ही शून्य से कुछ आया है। खुदा (ईश्वर) ने भी अगर इस ब्रह्माण्ड को अस्तित्व में लाया है तो शून्य से नहीं बल्के उसने उसकी इच्छा और शक्ति से इस ब्रह्माण्ड को अस्तित्व में ले आया है। जब हम फिर इच्छा की बात करते हैं तो हमारी मर्यादित सोच इस इच्छा शब्द को शब्दशः लेकर हमें भ्रमित करती है और कहती है के क्या ईश्वर भी कोई इच्छा रखता है? जबकि ईश्वर के इच्छा से ईश्वर की योजना, उद्देश्य, आदेश जैसी बातें अभिप्रेत होती है।

ईश्वर की इच्छा याने जो ईश्वर का एक उद्देश्यपूर्ण उद्देश्य है, जिस उद्देश्य के माध्यम से वह दुनिया की सृष्टि करता है, दुनिया को को नियंत्रित और निर्देशित करता है। ईश्वर की इच्छा का मतलब ईश्वर के नैतिक स्वभाव भी होता है। जो प्रेम, करुणा, पवित्रता और न्याय का प्रतिनिधित्व करता है। ईश्वर ने अपनी इच्छा से दुनिया को बनाया है इस बात का अर्थ यह है कि, यह सृष्टि ईश्वरीय प्रेम और एक उद्देश्य के कारण उसकी शक्ति से अस्तित्व में आयी है। यह सृष्टि अपने आप या संयोग से अस्तित्व में नहीं आयी।

अगर ब्रह्माण्ड को समझना हो तो थोडासा गौरों फिर्क (सोच, समझ) खुदा के कुदरत (ईश्वर के शक्ति) के बारे में भी



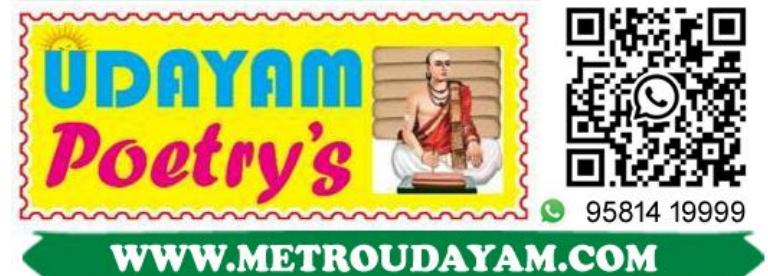
करना चाहिए। सृष्टि स्रष्टा के बगैर नहीं। मनुष्य खुद से खुद को बना नहीं सकता। क्योंकि मनुष्य के पास अपनी सीमित क्षमताएं हैं सीमित क्षमता से स्वयं को नहीं बना सकता है, और न ही कोई और चीज स्वयं को बना सकती है, इसलिए इन सभी चीजों को बनाने वाले किसी कारण (ईश्वर) की जरूरत (आवश्यकता) है।

क्या इस ब्रह्माण्ड की एक सुनियोजित व्यवस्था, बुद्धि को चकित करने वाली निर्विकल कार्यप्रणाली और एक उद्देश्य के अंतर्गत, सावधानीपूर्ण कार्यरत सक्रियता यह सब अपने आप चला रहे हैं?। यह सारी सृष्टि, यह आसमान और यह पृथ्वी क्या अपने आप अस्तित्व में आए हैं? क्या यह इंसान, यह पेड़ - पौधे, ये चरिंद व परिंद (पशु और पक्षी), ये चांद - सूरज, ये सय्यारे - सितारे (ग्रह - नक्षत्र), जिन्नात (बिना धुरें की आग से उत्पन्न सृष्टि) और इंसान या सब क्या अपने आप खुदको बनालिये हैं? या इन सबको क्या कोई बनाया है?।

पवित्र कुरआन में आया है के, "सारे आसमान और जमीन का सृष्टिकर्ता (वही ईश्वर) है। उसी (खुदा) ने तुम्हारे लिए तुम्हारे ही जिस (प्रकार) से जोड़े बनाए और चार पांव (पशुओं) के जोड़े भी (उसीने बनाया) उस (तरफ) तुमको फैलाता रहता है। कोई चीज उसकी मिसल नहीं, और वह हर चीज को सुनता है।" (पवित्र कुरआन, अध्याय क्रमांक 42, सुराह अश शुरा, आयत क्रमांक 11)।

और पवित्र कुरआन में आया है के, "और खुदा (ईश्वर) ही ने जमीन पर चलने वाले प्रत्येक जीवधारी को पानी से पैदा किया। उनमें से कुछ ऐसे हैं जो अपने पेट के बल चलते हैं और उनमें से कुछ ऐसे हैं जो दो पैरों पर चलते हैं तथा उनमें से कुछ ऐसे हैं जो चार (पैरों) पर चलते हैं। खुदा (ईश्वर) जो चाहता है, उसकी सृष्टि करता है। निःसंदेह खुदा हर चीज पर कुदरत (शक्ति) रखने वाला सर्वशक्तिमान है।" (पवित्र कुरआन, अध्याय क्रमांक 24, सुराह अन नूर, आयत क्रमांक 45)।

डॉ. मोहम्मदशकील
ताजमोहम्मद जाफरी (शकील मंवर), मंवर, पुणे (महाराष्ट्र) भारत



Phytonutrients: A Colorful Plate of Food

Health is Wealth for everyone. Nowadays we are eating for taste, is it correct or not..? We should think about the nutritional one, now its the right time to review about our food.

As per UNOs Sustainable Development Goals, the globe must be zero hungry, eradicate malnutrition by 2030. Here is a new concept about the food modified into Eat Rainbow Plate, no added colors. A Colorful plate of food, often called an Eat the Rainbow plate, is a visually appealing and nutritious way to consume a wide range of vitamins, minerals, and antioxidants by incorporating foods of different colors, with each colour group offering unique health benefits as well as Eco friendly eating. A colourful plate of food is a balanced diet includes half your plate with a variety of seasonal fruits and vegetables, a quarter with lean protein, and a quarter with whole grains. This strategy encourages eating fruits and vegetables from the red, orange, yellow, green, blue, purple, and white categories to support heart health, strong bones, healthy vision, immune function, and healthy aging. A Colorful Plate rich in Phytonutrients, each colour in a fruit or vegetable comes from phytonutrients, which are compounds that provide plants with their distinctive colours and tastes. Phytonutrients act as antioxidants, protecting against chronic diseases, reducing inflammation, and strengthening the body's immune system. It helps ensure you get a broad spectrum of necessary nutrients, vitamins, minerals, and antioxidants. The phytonutrient compounds that give plants their rich colors as well as their distinctive tastes and aromas. Each colour group is associated with specific benefits, for example, red foods for healthy heart, green foods for healthy bones and blue/purple foods for cognitive function. To build a Colorful Plate of Food we have to include at least one food from each colour group daily, mainly we focus on fruits and vegetables. Use fresh, seasonal fruits and vegetables to ensure variety throughout the year. Tomatoes,



strawberries, raspberries, red peppers for Red, sweet potatoes, peaches, carrots, orange s, pineapples for Yellow and Orange, Leafy vegetables like spinach, kale, green apples, broccoli for Green. For Blue & Purple we should take Blueberries, blackberries, eggplant, purple cabbage and White we add Potatoes, cauliflower, bananas, white peaches, coconuts. For whole grains like brown rice, quinoa, or whole-wheat pasta to provide fiber and energy. When humans eat plant foods, phytonutrients protect us from chronic diseases. Phytonutrients have potent anti-cancer and anti-heart disease effects. And epidemiological research suggests that food patterns that include fruits and vegetables are associated with a reduced risk of many chronic diseases, including cardiovascular disease, and may be protective against certain types of cancers. The American Cancer Society recommends 2-1/2 cups per day of fruits and vegetables. The most recent US Dietary Guidelines recommend consuming even more: 2-1/2 cups of vegetables and 2 cups of fruit, based on a 2,000-calorie diet. So we eat colorful plate food as we reach the rainbow with different colors of fruits and vegetables. This signifies that different beneficial compounds can help to maintain healthy lifestyle. Eating a rainbow ensures that we are getting a diverse mix of essential nutrients. We should remember, color in fruits and veggies is king, and the greater variety the better. These vibrant colours come from nature and indicate the presence of different vitamins, minerals, and antioxidants, which support immune function, heart health, bone health and overall well-being.

PLATE IS CANVAS
ADD
PHYTONUTRIENTS
AS COLORS

B Prabhakar Reddy,
TBSF President
Jayashankar
Bhupalpally
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Free Homeopathy Camp at Ramnagar

Indian Institute of Homeopathic Physicians

Visakhapatnam - The Homeopathic doctors of Visakhapatnam district organized a free homeopathy medical camp at Visakha Seva Sadan School, Ramnagar, on Sunday, 26th October 2025, from 9 AM to 2 PM. Ward 28 Corporator Sri Palla Durga Rao attended the camp as the chief guest and inaugurated the event. School Principal Sri Rambabu administered the first dose of homeopathic medicine to a patient.

Dr. P. Raghavendra Rao, President of the organization, explained the importance of homeopathic medicine. Dr. G. Rajendra Prasad and Dr. Sheetal Madan created awareness



ness about homeopathy. Doctors Sheetal Madan, B.V. Abhilash, I. Govinda Rao, P.B.K. Satish, V. Mallikarjuna Rao, K. Radhika, and Vaka Sunitha examined around 120 patients, including

school students, general patients, children, and women suffering from various ailments, and distributed homeopathic medicines sufficient for one month. Executive Secretary Dr. V. Sunitha

assisted in organizing the camp. President Dr. P. Raghavendra Rao announced that the next camp will be held in the Agency area, focusing on winter-related diseases.

Many prominent leaders attend BJP leader Mallela Nursing Raos daughters wedding



Hyderabad, Metro Udayam, October 26:

The wedding of Divya, daughter of Medchal-Malkajgiri district BJP Vice President Mallela Nursing Rao, was held grandly on Sunday at Shubham Convention Hall in Nagole. Union Minister G. Kishan Reddy, BJP State President N. Ramchander Rao, State Minister Vivek Venkata Swamy, former Minister Danam Nagender, leaders Addanki Dayakar, JAC leaders Nalla Radha Krishna and Vijay Kumar, along with several other dignitaries, attended the ceremony and blessed the newlyweds.



Varun Tej's 'VT15' progresses swiftly with Hyderabad schedule



Director Merlapaka Gandhi's upcoming Indo-Korean horror comedy, tentatively titled #VT15, is back in Hyderabad for its latest shooting schedule. Industry sources confirm that the film's fourth schedule is currently underway, with several key scenes featuring Varun Tej being shot at a brisk pace. The team recently completed an extensive foreign schedule in South Korea, where major portions of the film were canned. Earlier, the makers — UV Creations and First Frame Entertainment — officially announced that the Korea schedule included crucial and entertaining sequences, setting high expectations for what they describe as a "haunting yet hilarious ride."

Before heading abroad, the unit wrapped shooting in Ananthapur, capturing action and humor-driven moments across iconic locations including KIA grounds and scenic rural backdrops. A standout from that schedule was a creatively mounted song featuring Varun Tej and leading lady Ritika Nayak, filmed amid rustic landscapes that align with the film's quirky horror theme. Cast members Satya, Mirchi Kiran, and others have reportedly added vibrant humor to the narrative, maintaining a balance of chills and laughs across all filmed segments so far. #VT15 has been creating considerable buzz since its official announcement on Varun Tej's birthday — largely due to its unique Indo-Korean collaboration, a rarity in Indian cinema. With music composed by S. Thaman and production design by Paneer Selvam, the film promises a sleek and entertaining visual experience. As the Hyderabad schedule continues, fans eagerly await further updates on this culturally blended horror comedy that is shaping into one of the most exciting projects of Varun Tej's career.

Will give a lot of credit to how I prepped before coming to Australia, says Rohit

Senior India opener Rohit Sharma said he will give a lot of credit to the extended preparation he had before coming on the ODI tour of Australia, which culminated in him hitting a match-winning 121 in the nine-wicket win in the third and final ODI at the Sydney Cricket Ground. Having retired from Tests and T20Is, it meant Rohit hadn't got much game time behind him, especially after not playing a game post IPL 2025 campaign for the Mumbai Indians. Ahead of ODIs against Australia, Rohit also lost the ODI captaincy to Shubman Gill.

Rohit spent a lot of time working on his fitness and losing almost 10 kgs in a demanding regime, as well as being on a strict nutrition routine. He also worked on refining his skillsets at the BCCI Centre of Excellence (CoE) in Bengaluru and under former India assistant coach Abhishek Nayar in his hometown Mumbai. "Since the time I started playing, I never had four to five months to prepare for a series. So I wanted to utilise that. I wanted to do



things on my way, in my own terms, and that actually worked out pretty well for me. Understanding what I need to do for the rest of my career."

"It was important to utilise that time because, like I said, never had such time in my hand. So I wanted to utilise that time and I prepared pretty well back home. Obviously, the conditions back home and here are not ideal. It's a massive difference between the two countries, but I've come here so many times. So it was just about getting into that rhythm and understanding what I need to do here."

"So, I give a lot of credit to

how I prepped before coming here, giving a lot of time to myself first. That was very important because sometimes you've got to understand that there's so much to do in life besides what you do professionally. But I got a lot of time in my hand, so I utilised that." "Like I said, I could do things on my own terms, on my own time, which actually really helped me. Very, very grateful, firstly, to have people standing beside you. I'm pretty grateful to that," said Rohit, who took Player of the Match award in the third ODI and also got Player of the Series honour, in a video posted on bcci.tv on Sunday.

He also praised the

Australian crowds for their consistent support and acknowledged the atmosphere created by fans during the series, in what was also his likely final international appearance in the country. "Honestly, whenever we've played, people have come out and supported, not just the two of us, but the entire team, and that was good to see. In Australia, the crowd never disappoints. They come out in large numbers to watch cricket because two good teams playing, they want to watch quality cricket. That is what you get with these two teams." "Unfortunately, like I said, we couldn't cross the line with the series, but we enjoyed coming here, playing here. Really, really grateful to the crowd for their support throughout Australia. They've been superb." "I hope they continue to do that. We've got a T20I series that is coming up (starting on October 29), and I hope they continue to do that with each one of them who are going to be representing the country. It's a great occasion, and I wish them the best," he concluded.

'Baahubali: The Epic' sees strong start in advance bookings ahead of Oct31 release

The excitement is soaring as SS Rajamouli's Baahubali: The Epic prepares to storm cinemas on October 31, 2025. This special re-release combines both iconic parts of the Baahubali franchise into one grand theatrical experience, and the response from audiences has already proven remarkable. Advance bookings opened recently, and within just 24 hours, over 61,000 tickets have been sold through partial booking windows across Hyderabad, Bengaluru, and several other major cities. The strong early numbers have taken industry watchers by surprise — especially for a film returning nearly a decade after its original release. With full-scale bookings yet to begin, expectations are high for a massive turnout.



Starring Prabhas, Rana Daggubati, Anushka Shetty, Tamannaah Bhatia, Ramya Krishnan, Sathyaraj, and an

ensemble cast, Baahubali remains one of India's most celebrated cinematic achievements. The epic narrative and large-scale visual storytelling helped place Telugu cinema firmly on the global map when the films first released. Music maestro MM Keeravaani's celebrated soundtrack returns alongside visually restored sequences, enhancing the film's impact on the big screen. The combined version of Baahubali: The Epic will run for approximately 3 hours and 45 minutes, giving fans a chance to relive the entire saga in a single immersive viewing. As anticipation peaks, exhibitors expect extraordinary numbers over the weekend. All eyes are now on how much more this epic blockbuster will collect before it returns to theaters in all its glory.

Defence Minister, CDS review security preparedness with Army leadership at Commanders' Conference

New Delhi: Defence Minister Rajnath Singh and Chief of Defence Staff (CDS) General Anil Chauhan held a crucial interaction on Saturday with the top leadership of the Indian Army during the ongoing Army Commanders' Conference, focussing on operational preparedness and future challenges. The high-level review emphasised strengthening combat capabilities, infrastructure development, and readiness of the Armed Forces to effectively deal with any security situation in the region. According to a post shared by Headquarters Integrated Defence Staff (HQ IDS) on X, "Hon'ble Raksha Mantri Shri Rajnath Singh and General Anil Chauhan, Chief of Defence Staff, engaged with the apex leadership of the Indian Army in the Army Commanders' Conference. The Raksha Mantri and CDS reviewed

the prevailing security situation in the region and discussed measures to enhance the future preparedness of the Armed Forces for any eventuality.

During the interaction, they were briefed on the operational readiness and key initiatives undertaken to strengthen combat capability and infrastructure in the sector. "The CDS also interacted with the officers and jawans in a candid interaction," HQ IDS posted on X. The Defence Minister's meeting with senior Army commanders comes at a time when the Indian Armed Forces are undergoing a significant phase of modernization and structural reforms aimed at enhancing jointness and operational synergy among the three services. The discussions also focused on the integration of advanced technologies, indigenization under 'Aatmanirbhar Bharat', and strate-

gies to ensure that the Army remains combat-ready across diverse terrains and operational environments.

Earlier, on Friday, HQ IDS had shared another post on X, stating, "Hon'ble Raksha Mantri Shri Rajnath Singh and General Anil Chauhan, Chief of Defence Staff, CDS graced the second edition of Indian Navy's biannual Commanders' Conference 2025." "Addressing the Conference, the CDS acknowledged the exceptional professionalism, unwavering resolve and operational prowess of Team Navy in maintaining Combat Readiness which has brought immense pride to the nation," HQ IDS posted on X. The CDS also engaged with senior naval leadership on jointness, integrated operations, and India's maritime strategic priorities in the Indian Ocean Region.